

# EXCEPTIONAL CARE

STEAD HEART AND VASCULAR CENTER



  
**POMONA VALLEY HOSPITAL**  
MEDICAL CENTER  
STEAD HEART & VASCULAR CENTER

OUR EXPERTISE. YOUR PEACE OF MIND.

# CREATING A WORLD-CLASS

## Heart and Vascular Center

In the early 1980s, Pomona Valley Hospital Medical Center recognized that a leading-edge cardiovascular center was needed in our community. Longtime Hospital board member Bill Stead, together with his wife Carole, determined that making the initial gift to establish this heart center was vital to the success of the project. It would also be a wonderful way to honor Bill's parents for their own service to the Hospital and community. The Steads made their gift, as did hundreds of others, and today the Stead Heart and Vascular Center is a tribute to the Steads' vision for a state-of-the art cardiovascular center.

We understand the trust you place in us when you put your heart in our hands. At the Stead Heart and Vascular Center, you can take comfort in knowing you've chosen one of the top-rated, highest volume heart programs in the region. The area's first designated heart and vascular center, we offer comprehensive care for heart disease and stroke.

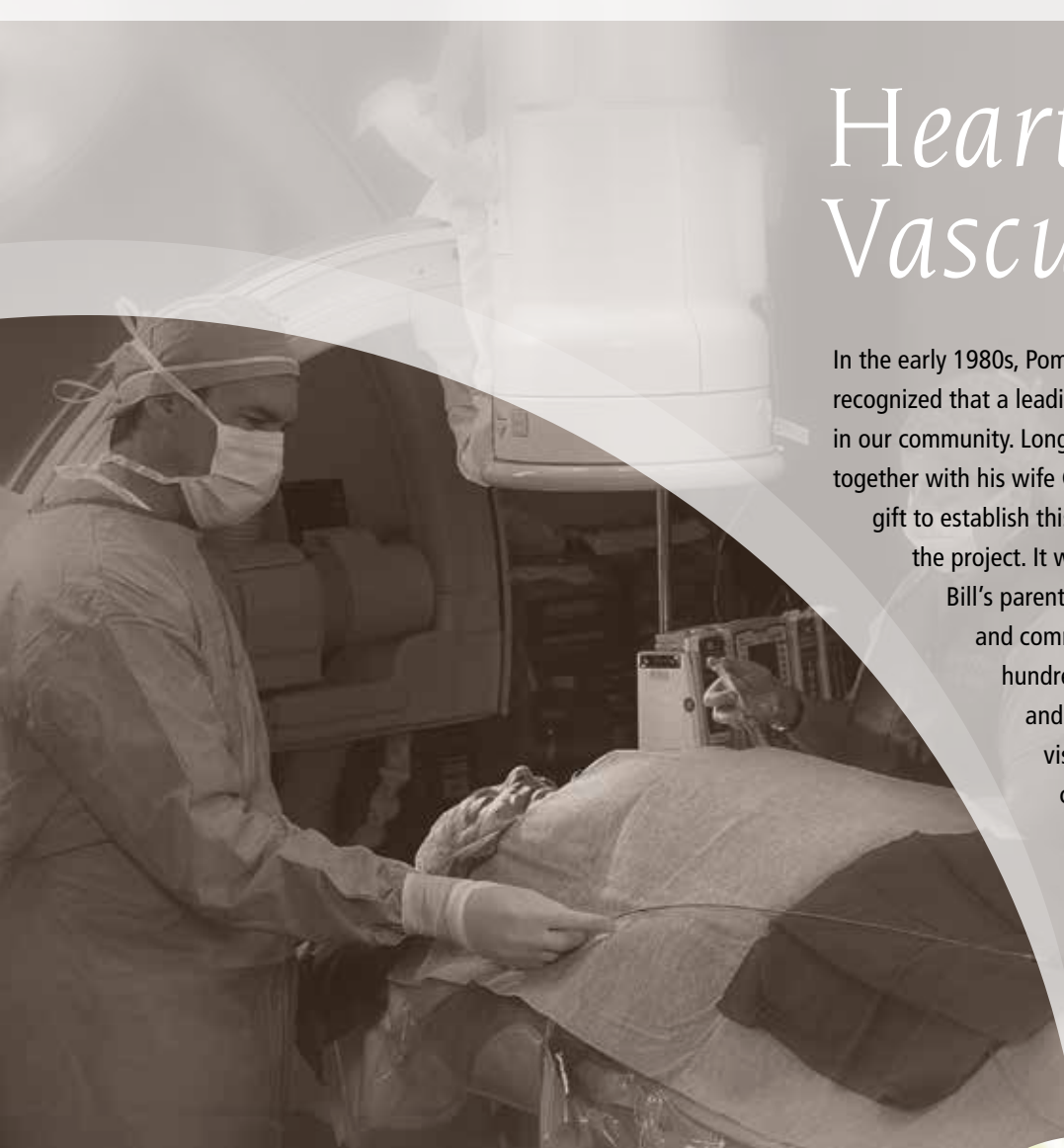
Our designations as a specialty heart attack receiving center and primary stroke center mean you get the best care possible – FAST. We administer time-sensitive treatments that save lives and prevent and reduce long-term disability. Our advanced technology and clinical innovation have earned the respect of our surrounding communities and beyond.

At the Stead Heart and Vascular Center, we take pride in providing exceptional care in a warm, comfortable environment, focused on you. Our experts — caring physicians and staff — include dedicated care coordinators who meet with our patients and families at the first point of care, guiding them through the entire experience and transitioning them from treatment to home.

### VERIFIED EXCELLENCE

Our care is nationally recognized, demonstrating our dedication to EXCELLENCE.

- Named one of the 50 top cardiovascular programs in the nation by Thomson Reuters
- Recognized by the American Heart Association Get With the Guidelines for excellence in coronary artery disease, heart failure and stroke
- Received the HealthGrades Outstanding Patient Experience Award
- Certified as a primary stroke center by the Joint Commission
- Named among America's Best Hospitals and as one of America's Best Cardiovascular Hospitals by *U.S. News and World Report*
- Received the highest distinction for quality care in cardiac surgery from the Society of Thoracic Surgery
- Received *Consumer Reports'* highest rating for cardiac surgery





## HEART SERVICES

PVHMC has the specialized equipment and the technical expertise to provide the best possible care. I have peace of mind."

— Tony Spano  
Electrophysiology patient and  
PVHMC Board Member

We blend powerful technology with compassionate, patient-centered care.

### Diagnostic Services

We determine the type and extent of heart conditions with diagnostic procedures, from stress testing and echocardiograms to angiography, cardiovascular imaging and intravascular ultrasound.

### Interventional Procedures

We offer comprehensive interventional care, coronary angioplasty and stenting, along with peripheral vascular procedures, all performed in one convenient location by highly trained physicians and competent nurses and technicians.

### Electrophysiology

We are a regional leader in electrophysiology. We use advanced procedures to treat irregular heart rhythms including atrial fibrillation. We employ the latest technology, including pacemakers and implantable cardiac defibrillators (ICDs), to treat all types of irregular heart rhythms.

### Targeted Temperature Management

We were the first hospital in the region to offer hypothermia care to treat and save the lives of cardiac arrest patients. This cutting edge technique directly cools the blood as it circulates through the body, significantly reducing potential brain injury as a result of a cardiac arrest.

### Surgery

We offer a comprehensive cardiac surgery program, including coronary bypass surgery, heart valve repair and replacement. Our minimally invasive cardiac surgery techniques provide for easy recovery with less scarring.

## STROKE AND VASCULAR SERVICES

We offer seamless and exceptional care with comprehensive expertise.

### Stroke

As a designated primary stroke center, we've proven our ability to deliver high-quality stroke care when every minute counts. Our outcomes demonstrate that our breakthrough treatments significantly reverse and/or reduce the debilitating effects of stroke.

### Vascular Diagnosis, Interventions and Procedures

Our dedicated non-invasive vascular lab features the latest technology for screenings and diagnosis to identify the location, significance, and severity of vascular diseases.

### Interventional Procedures

Our state-of-the-art procedures include stenting/angioplasty and the rotoblader procedure for removing plaque from blood vessels.

We also offer specialized vascular ultrasound examinations that use the most technologically advanced equipment, allowing patients to avoid the risks and discomfort of injections or invasive examinations.

Our comprehensive care includes vascular catheterization, interventions, vascular surgery and endovascular procedures, provided by highly trained, specialized physicians. We treat all vascular disorders, including thoracic and abdominal aortic aneurysm, carotid disease and vascular disease of the legs.





## CARDIAC REHABILITATION



We have one of the only nationally certified cardiac rehabilitation programs in the region. We offer this exceptional service to patients recovering from heart attack, bypass surgery and other cardiac events. Our services include:

- Individualized exercise plans that promote heart recovery and prevent prolonged disability.
- Lifestyle modification education.
- Personalized counseling by caring professionals, social workers, dieticians, and other care providers to address individual needs.
- A medically supervised Wellness Center offering two levels of exercise designed to reach and maintain wellness.
- Caregiver support and counseling, when our patients and families need it most.

### Education and Awareness

The extraordinary team at the Stead Heart and Vascular Center are dedicated to reducing cardiovascular disease and stroke in our community through education. Our experts regularly provide informative lectures and health screenings to the community.

- **Stead Heart for Women: The Power to Make a Difference**  
Heart disease is the number one killer of women. Stead Heart for Women is a health education and wellness program that empowers women to make the necessary lifestyle changes for themselves and their families. Clinicians provide support and information on risk factors, lifestyle modification, diet and exercise through lectures, cooking demonstrations, workshops, and health screenings.
- **Heart Failure Program**  
Our program offers comprehensive care coordination by a dedicated case manager. We partner with physicians, insurance companies and other providers to ensure a smooth transition from hospital to home. We deliver a wide variety of resources and information through classes and newsletters. We help our patients manage their disease and its symptoms with the goal to enjoy life.

## CHANGING LIVES

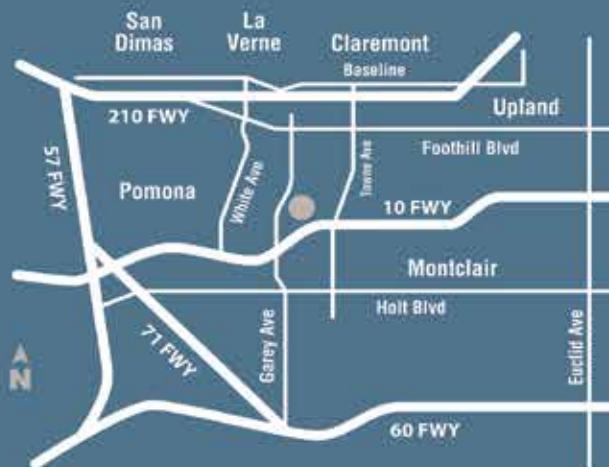
The Stead Heart and Vascular Center offers 400 physicians, nurses, specially trained technicians and support staff, representing cardiology, cardiac catheterization, cardiothoracic surgery, vascular surgery, neurology, radiology, nursing, dietary, laboratory, physical therapy, disease management and health education and wellness.

We welcome you to learn more about our services, programs and expert team. Please visit our website at [www.pvhmc.org/steadheart](http://www.pvhmc.org/steadheart) or call us at (909) 865-9858.



Nationally recognized, Pomona Valley Hospital Medical Center is the area's leading provider of comprehensive healthcare with centers of excellence in cancer, heart and vascular, kidney stones, and women and children's services. We also have an award-winning emergency department and neighborhood health centers for quality healthcare close to home. Through our expert physicians and advanced technology, we offer the perfect blend of state-of-the-art medical treatment and personalized care.

Scan with your smartphone for more info:



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1798 N. Garey Avenue | Pomona, CA 91767 | 909.865.9858



*Expert care with a personal touch*