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**POMONA VALLEY HOSPITAL**  
MEDICAL CENTER  
WOMEN'S AND CHILDREN'S SERVICES  
*Expert care with a personal touch*

# DIABETES & PREGNANCY

SWEET SUCCESS



**POMONA VALLEY HOSPITAL**  
MEDICAL CENTER

## OUR PROGRAM

Diabetes is a complication for 7 to 14 percent of pregnant women. Pomona Valley Hospital Medical Center's Sweet Success Program has been a California Diabetes and Pregnancy Program (CDAPP) affiliate for more than 20 years. Our program is comprised of an experienced team of healthcare professionals. We work with pregnant women with diabetes (Type 1 or 2) or gestational diabetes, helping them manage their condition and improve their pregnancy outcomes.

## OUR PATIENTS

### Our program is for you if:

- You have diabetes and want to become pregnant, or
- You have diabetes and are already pregnant, or
- You have been diagnosed with gestational diabetes during pregnancy.

Access to our program is by physician referral only.

## OUR GOAL

### Complications in women with diabetes may include:

- Macrosomia (larger than average newborn)
- Increased risk of infant death
- Increased risk of newborn admission to Neonatal Intensive Care for control of blood sugars
- Potential birth defects

### We can help.

Our goal is to improve outcomes for high-risk pregnant women who have diabetes or who have been diagnosed with gestational diabetes. We also help women with nutrition education and guidance throughout their pregnancy.

*Thanks to the staff at Sweet Success for all their help, I now feel like my life is back to normal."*

— Edith Velazquez

## COMMON QUESTIONS

### What type of services can I expect from this program?

- Education for women who are pregnant and with preexisting diabetes or gestational diabetes
- Dietary counseling
- Blood glucose monitoring
- Medication/Insulin education

### How long can I remain in the program?

- The entire length of your pregnancy and up to six weeks after you deliver

### Is there a charge to participate in the program?

- Most insurance carriers will cover program charges

*"Thank you so much! My baby was healthy thanks to your program."*

— Isabel Tapscott

