

Congratulations **DADDY!**



BOOT CAMP

**FOR NEW
DADS**



At Boot Camp for New Dads, veterans (new dads who bring their babies along) orient rookies (dads-to-be) on the realities of parenthood.

***We will discuss
issues such as:***

- Changes in new mom
 - Handling a newborn
 - Finding work/home balance
 - Introducing pets to baby
 - Safety issues
 - Working and being a dad
 - Your relationship with mom
 - Feeding and changing
 - How to calm a crying baby
 - Handling parents and in-laws
 - Breastfeeding
- ... and anything else on your mind!*

**Scan QR Code
to register**



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For more information call 909.865.9858

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