

# Joint Replacement Preparation Class



Welcome to Pomona Valley Hospital Medical Center's (PVHMC) Joint Replacement Program. Our program is facilitated by a multidisciplinary team with the goal of providing standardized, consistent, and safe quality care to patients having joint replacement surgery of the hip and knee. This is done through patient and "coach" (your support person) education, data collection, analysis and trending to make changes as needed to ensure successful patient outcomes. Our Joint Replacement pre-operative class is designed to prepare you for your up-coming surgery by answering your questions and informing you of what to expect when you have joint replacement surgery.

## TOPICS COVERED IN THE CLASS

1. Preparing for Surgery
2. What Happens In the Hospital
3. What to Expect When you Go Home
4. Blood Clot Prevention
5. Pain Management
6. Physical and Occupational Therapy
7. Question and Answer Session

## Class Information

- **The class is offered every Wednesday from 10:00 am to 12:00 pm.**
- *Spanish class is offered on an as needed basis on the second Wednesday of every month from 3:00 pm to 5:00 pm.*
- **Patients are requested to call 909.630.7403** to reserve their space in the preoperative education course.
- All patients are highly encouraged to attend, unless they attended class or had joint replacement surgery within the last 6 months.
- Patients are encouraged to bring their "COACH" with them to class. The coach is the support person who will help the patient after surgery.

The Robert and Beverly Lewis Outpatient Pavilion  
Multipurpose Room on the Second Floor Room #P200C  
1798 N. Garey Ave. Pomona, CA 91767

**To schedule your free class, or  
for more information, please call  
The Joint Replacement Program Helpline at  
909.630.7403.**

Nationally recognized, Pomona Valley Hospital Medical Center is the area's leading provider of comprehensive healthcare with centers of excellence in cancer, heart and vascular, kidney stones, and women's and children's services. We also have an award-winning emergency department and neighborhood health centers for quality care close to home. Through our expert physicians and advanced technology, we offer the perfect blend of state-of-the-art medical treatment and personalized care.



Our Joint Replacement Program has achieved the Gold Seal of Approval from The Joint Commission for joint replacement of the hip and knee.



**The Robert and Beverly Lewis  
Outpatient Pavilion**  
located on the main campus of  
Pomona Valley Hospital Medical Center



*Expert care with a personal touch*