

Keeping You In Touch

May 2022

A Publication of the Pomona Valley Hospital Medical Center Marketing Department

PVHMC Celebrates Hospital Week and Nurses Week During the Month of May!

Thank you to our extraordinary team at Pomona Valley Hospital Medical Center and all the healthcare heroes who:

- Greet our patients and visitors with a smile
 - Document patient information
 - Listen to our patients' concerns
 - Clean our patient rooms
 - Sort and count vital medication
 - Provide nourishing food
 - Run laboratory tests
- Ensure the facilities and equipment operate smoothly
 - Protect our patients' information
 - Keep our technology running efficiently
 - Screen for illnesses
 - Volunteer their time in the community
 - Lead our organization
 - Steward our financials
 - Keep our patients and Associates safe
 - And provide the highest quality care

Whether you're behind the scenes or leading from the front line, YOU matter and make a difference in the lives of our patients. We thank you for your service today and every day.



*By Darlene Scaffiddi, MSN, RN, NEA-BC,
Executive Vice President of Patient Care*

National Nurses' Week takes place Friday, May 6 – Wednesday, May 12, 2022. Happy Nurses Week to all our Nurses and Nursing Services staff members. You are truly amazing!

I want to thank each of you for all you do. Every day, I am impressed by your knowledge, compassion and commitment to patient care, your profession and the advancement of healthcare for our community. I am honored to be your colleague and cannot say loudly enough that you are such an important part of the high-quality care we deliver to our patients at PVHMC, The Robert and Beverly Lewis Family Cancer Care Center and our Pomona Valley Health Centers.

This year our nurse week theme is "Care for the Caregiver," I encourage each of you to participate in the very special activities we have planned all week, and to take a moment to reflect and take time to recharge.

Thank you so much for all you do!

POMONA VALLEY HOSPITAL MEDICAL CENTER

HOSPITAL HUDDLE

with
Rich



Looking Forward to a Magnificent May

April was a month full of movement at Pomona Valley Hospital Medical Center.

We followed the yellow brick road to launch our state-of-the-art Eyedog.US Digital Wayfinding Platform in early April. To date, we have already seen successful usage and received positive feedback from our patients, visitors and even Associates who have used the posted QR codes. Thanks to our many Associates and Volunteers who made this launch possible and ensured our patients and visitors are able to more easily find their way around PVHMC.

Our COVID-19 Vaccination Clinic resumed as we initiated a 2nd booster dose clinic for individuals who are immunocompromised or are 50 years of age and older. We are grateful for our many clinicians who continue to support us in administering these vaccines to Associates and our community. While we haven't yet reached zero COVID-19 inpatients as some of our fellow hospitals have, we did maintain one of our lowest daily averages of patients admitted with COVID-19 throughout the month of April – and that is something to be thankful for.

With that said, we have much to look forward to during the month of May, namely, the opportunity to honor and celebrate the dedication and invaluable efforts of our Associates during Nurses Week and Hospital Week and... the Los Angeles County Fair!

As a respite to the late summer heat, the Fair will this year be hosted from Thursday, May 5 – Monday, May 30. I am proud to share that not only is Pomona Valley Hospital Medical Center the presenting sponsor of opening day, which also happens to be Pomona Day and Cinco de Mayo, but we are also an official sponsor of the Fair, specifically, the Floral and Garden Building. As part of this partnership, we will have an exhibit with a team of more than 150 Associates volunteering to provide free education, screenings and demonstrations, such as hands-only CPR, every Thursday – Sunday in May. Be sure to stop by and say hello! If you are in need of tickets, please head over to the Associate Discount page on the Intranet, or see page 6, for a special PVHMC discount code.

Beyond any of our sponsorships or events, I'd like to take a moment to highlight our Hospital's truly vital role during the Los Angeles County Fair - we are the designated Hospital and Trauma Center. Prior to the pandemic, more than 1 million individuals visited the LA County Fair every year. While our families and neighbors enjoy the tasty treats and festivities of the Fair, know that the Associates of our Hospital will be standing by, prepared to serve and care for our community should the need arise, as we have done for the past 119 years.



HAPPY 2022 HOSPITAL WEEK

TUESDAY

**MAY
10**

OPPORTUNITY DRAWING

All Associates will be automatically entered into an opportunity drawing for a chance to win one of dozens of gifts donated by our Leadership Team, local business and community partners who wished to express their appreciation to YOU!



WEDNESDAY

**MAY
11**

BBQ PARTY

Join us for a tasty BBQ lunch, including pulled brisket sandwiches or black bean burgers, baked beans and corn-on-the-cob served with lemonade. Associates will also receive a special gift from PVHMC that's sure to bring you relief and relaxation.
Location: Outpatient Pavilion Patio.



THURSDAY

**MAY
12**

DESSERT BONANZA

We're serving up a sweet treat bonanza! Location: Outpatient Pavilion Patio. Choose one (1) treat from our dessert trucks:

Shaved Ice

Flavors: Tiger's Blood, Lemon Lime, Blue Raspberry, Wild Watermelon, Groovy Grape, Strawberry, Very Cherry, Orange Sunshine, Pina Colada & Godzilla from Kona Ice

Cupcakes

Flavors: Snickerdoodle, Carrot Cake, Strawberry, Chocolate & Vanilla from MyDelight Cupcakery

Cinnamon King-Sized Churros
from Churros on Wheels



EVENT TIMES FOR MAY 11 & 12

DAY SHIFT: 10:30 AM - 1 PM | SWING SHIFT: 5 - 7 PM

NIGHT SHIFT: 10 PM - 12 AM

POMONA VALLEY HOSPITAL

MEDICAL CENTER

Expert care with a personal touch

JOIN US!

Stroke Awareness DAY 2022



**Saturday, May 21
9 a.m. to Noon**

Pitzer Auditorium

1798 N. Garey Avenue, Pomona • CA 91767

This day offers stroke survivors, families, caregivers and our community a day of celebration, education, awareness and fun with our knowledgeable and dedicated stroke team.

10 - 11 a.m. Speakers:

Dr. Adeel Popalzai, Stroke Program Director
TOPIC: PVHMC Stroke Program Update

Angela Yi, PhD, Neuropsychology & Rehabilitation Psychology
TOPIC: Resiliency

- Blood Pressure Screenings
- Stroke Risk Assessments
- Signs and Symptoms of Stroke and What to do
- Showcasing the Newest Technology in Stroke Diagnostics
- Recreational Adaptive Equipment
- Support and Resources for Caregivers
- After Stroke Care Programs
- Light Refreshments and Nutritional Information

LOCATION:

Pomona Valley Hospital Medical Center

Pitzer Auditorium • 1798 N. Garey Avenue • Pomona • CA 91767

Please RSVP by calling:

909.865.9983



www.pvhmc.org

Pomona Valley Hospital Medical Center's Stroke Program is certified as a Comprehensive Stroke Center by The Joint Commission the foremost accrediting body in healthcare in the United States. Awarded to centers that pass a rigorous on-site review and a thorough examination of the program and patient care, the certification recognizes the center's commitment to following national standards and guidelines that can significantly improve outcomes for stroke patients.



POMONA VALLEY HOSPITAL MEDICAL CENTER

Registration is OPEN!

Management of Post-COVID-19 Recovery

● **Saturday, May 14, 2022**

8:00 a.m. - 12:30 p.m.

www.pvhmc.org/SYMPOSTCOVID



FREE
Online Virtual
Symposium

Register Here

Objectives:

1. Identify the complex and varied presentations of Post-COVID-19
2. Highlight current Post-COVID-19 literature
3. Describe physician and ancillary team members' roles in supporting the recovery of, and educating, those affected by "Long COVID"
4. Summarize appropriate testing, treatment, education and referral strategies for Post-COVID-19 patients, including case studies
5. Consider age, gender, comorbidities, and lifestyle factors when determining appropriate treatment of patients who are, or may be, at an increased risk and mitigate any biases to that treatment

Audience:

All physicians, psychologists and other interested clinical staff are invited.

Course Description:

For many patients, lingering Post-COVID-19 symptoms may be the most significant and frustrating consequence of the pandemic. An increasing number of people who were infected experience a wide range of prolonged complaints and symptoms. An ever increasing concern is that a subset of these cases might develop a kind of chronic COVID-19, called Post-Acute Sequelae of SARS CoV-2 (PASC), often referred to as "Long-COVID." Our multi-specialty panel will present their experiences treating these patients over the past two years. Information provided will highlight appropriate referrals, and how to educate, manage and coordinate the medical and emotional care of patients dealing with "Long-COVID."

Providing up to 4.0 CME credits, for those who meet requirements.



For questions related to registration, or for more information, please email rick.rossman@pvhmc.org.

- **8:00-8:40**
Welcome & Introduction to Post-COVID-19 Recovery
Gurbinder Sadana, MD, FCCP
- **8:40-9:20**
Managing Pulmonary Injury in Post-COVID-19 Recovery
Rakesh Sinha, MD
- **9:20-10:00**
Managing Cardiovascular Injury in Post-COVID-19 Recovery
Jayapal Reddy, MD
- **10:00-10:15**
Break
- **10:15-10:55**
Managing Neurological Injury in Post-COVID-Recovery
Adeel M. Popalzai, DO
- **10:55-11:35**
Pulmonary, Cardiovascular and Musculo-Skeletal Rehabilitation of the Post-COVID-19 Recovery Patient
Joseph Baumgaertner, PT, MS, OCS
Tammy Magill, RRT, RCP, PD-E, PR-C
Stacey Leath, PT, MS
- **11:35-12:15**
Managing the Psychological Effects on the Patient, their Family and the Community in Post-COVID-19 Recovery
Daniel Blocker, PhD
- **12:15-12:30**
Q&A and Closing Remarks
Gurbinder Sadana, MD, FCCP



*The Fair just got cooler...
we've moved to MAY!*

May 5-30, 2022

Thursday-Sunday + Memorial Day Monday

Member Discount Tickets

Adults: \$13* Up to a \$12 savings!

Child: \$8* Up to a \$2 savings!

\$4 Passport to Savings coupon book also for sale online!
(Includes a **FREE** weekday *return* ticket)

For Tickets & Information Visit

LACountyFair.com/AdvanceSales

Enter Password Code

LACFPVHMC22

* Service charge applies to tickets purchased online.

LACountyFair.com • 1101 W. McKinley Ave., Pomona, 91768 • (909) 623-3111

2022 Blood Drive Calendar

Save the dates for our 2022 American Red Cross blood drives!

Book your appointments at least two weeks before each blood drive by visiting redcrossblood.org and entering our sponsor code: PVHMC. Blood drives will be held from 7:00 am - 7:00 pm in Pitzer Auditorium.

*Dates, times and location subject to change.



TRAUMA AWARENESS MONTH

By Lauren Gurrola BSN, RN, CCRN, Trauma Program Manager

May is National Trauma Awareness Month. This gives trauma centers nationwide the opportunity to celebrate their trauma teams for all of the great work that most rewarding parts of Trauma Awareness Month is National Trauma Survivors Day. This celebration provides the opportunity to reunite patients and families who have been served by a Trauma Center. The theme for Trauma Awareness Month 2022 is "Safe Surroundings: Preventing Violence and Promoting Peace Community by Community." It was chosen by the American Trauma Society and the Society of Trauma Nurses to bring awareness to the documented rise in violence within our nation.



Why is trauma awareness so important?

Trauma is a major public health issue which results in social and economic impacts such as loss of control, physical disability, financial loss, physical and social isolation and psychological effects. Here are a few impactful trauma statistics:

- 42 million Emergency Room visits annually for trauma related events
- 2.7 million hospital admissions annually
- 5.8 million deaths worldwide, 278,345 deaths in the U.S.
- The annual toll of trauma in the U.S.= \$4.2 trillion
- The burden of injury accounts for 18% of the world's total disease deaths, and accounts for 5,850 years of lost work
- According to the Centers for Disease Control and Prevention (CDC), unintentional injury is the number one cause of death for people ages 1-44
- Increasing trauma awareness within communities is key to preventing preventable injuries and helping the public understand the role they can play in doing so

How does PVHMC's Trauma Center serve its community?

Injury prevention is not only a requirement for trauma centers, it is the responsibility of all trauma team members to work collaboratively with the community. We are currently in the process of forming a partnership with an organization called Southern California Crossroads as part of our planning to implement a hospital-based violence intervention program. Crossroads is a non-profit organization with a mission to "provide safety and healing for individuals and communities who have been impacted by trauma caused by violence." Some services that this program will be able to provide include crisis response in-hospital to victims of crime, victim services and case management. This partnership couldn't have come at a more opportune time, helping our organization answer the call to the rise in violence and provide the necessary support and resources to this patient population.

Safe Surroundings



Preventing injuries from violence
and promoting peace ...
community by community

We are kicking off Trauma Simulation education for the Emergency Department in May. Our Trauma Center is currently in survey mode and will be expecting our next reverification from the American College of Surgeons (ACS) and Los Angeles County for our Trauma program at the end of August.

NATIONAL SALAD MONTH

By Ruize Qian, (PHFE WIC) Dietetic Intern

Did you know that May is the National Salad month? The awareness month encourages people to incorporate more veggies into their daily food regimen.



What happens to your body when you eat salad every day?

- You will absorb a lot of vitamins. “Eat the rainbow” with a diverse array of vegetables will supply many of the vitamins and minerals your body needs.
- You might lose weight as a result of eating fewer unhealthy foods. Starting your meal with a salad will help avoid overeating other more calorie-dense foods.
- You will keep your brain young. A 2017 study found that even just half a cup of salad was enough to slow the rate of cognitive decline.
- You will likely feel more regular. Veggies are a good source of fiber. The insoluble fiber helps your body process waste better, prevents and treats constipation.

Secrets to eating more salads:

- Think outside of the salad box.
- Have a well-stocked fridge.
- Have a tasty dressing already made.
- Garnish with a great rich topping.
- Mix up your greens.
- Procure quick proteins.

Salad recipe with in-season fruit:

Strawberry Salad with Balsamic

Combine the berries, tomatoes, basil, avocado, mozzarella, and pecans in a large bowl. Gently toss to coat them in a splash of olive oil. When you're ready to serve, drizzle the salad with the balsamic reduction and season to taste with salt and pepper.

Then, dig in!



Welcome New Residents!

This year PVHMC's Family Medicine Residency Program (FMRP) interviewed more than 100 applicants to match and fill eight intern positions. Through the Accreditation Council for Graduate Medical Education (ACGME), the "Match" process is a uniform system by which residency candidates and residency programs simultaneously "match" to fill first-year and second-year post-graduate training positions.

**Meet our new incoming residents, Class of 2025,
who will begin their residency on July 1, 2022!**



Samira Ali, MD
University of Oklahoma
College of Medicine



**Anthony Loffredo,
MD, MPH**
Medical College of
Wisconsin



Ethenyeri Maganga, MD
The Brody School of
Medicine at East Carolina
University



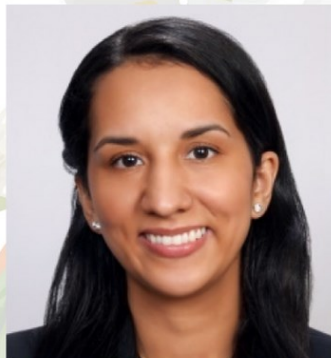
Janae Moment, MD
Hackensack Meridian
School of Medicine



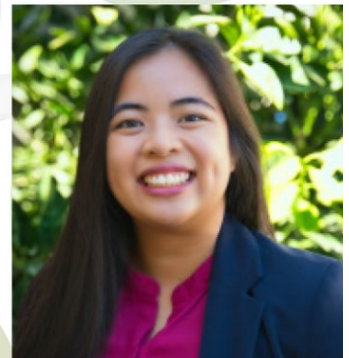
Hoang Pham, DO
Touro University College
of Osteopathic
Medicine - California



**Edgar Ramos
Maldonado, MD**
Universidad de
Guadalajara
Centro Universitario
de Ciencias de la Salud



Gabriela Sibrian, MD
Escuela Latinoamerica
de Medicina



Irene Velarde, DO
Touro University College
of Osteopathic
Medicine - California

Congratulations PVHMC!

PVHMC and Eyedog.US Launch Innovative Digital Indoor Navigation Solution

Pomona Valley Hospital Medical Center (PVHMC) and Eyedog.US, a Division of Intraprise Solutions, Inc., excitedly announce the launch of Eyedog's digital indoor navigation solution. On April 4, PVHMC went live with Eyedog's technology, providing indoor pedestrian navigation accessible to users via smartphone.



Over their 119-year commitment to serving their community's healthcare needs, PVHMC has remained focused on the patient experience; working with Eyedog.US to add a user-friendly and intuitive digital wayfinding solution enables Pomona's continued pursuit of improving patient experience as the mobile internet continues to evolve.

PVHMC continues to expand their services and facilities to enhance their delivery of care. Eyedog.US enables patients the benefits stemming from continued growth and patient-centric enhancements, while mitigating the disruption often caused by such change. Eyedog's comprehensive wayfinding solution offers Pomona's providers, staff, and patients a highly adaptive digital navigation tool, promoting expansion without the disruption.

"Navigating a large hospital like PVHMC can be confusing and stressful for patients and visitors who may already be feeling anxious about their visit," said Kent Hoyos, Vice President of Information Services and Chief Information Officer at PVHMC. "The Eyedog.US platform is an invaluable tool that allows us to offer users a mobile-accessible, step-by-step visual journey to their destination, ultimately reducing anxiety and improving the overall patient and visitor experience at our hospital."

"The team at Pomona has enthusiasm for their community; with the addition of wayfinding, patients and visitors will be empowered to find their way from any point during their journey," said Kay Via, Intraprise's Vice President and Eyedog.US business line Manager. "Having witnessed firsthand their passion for improving the patient experience, I believe Eyedog will be a great fit for their community."

"With their many centers of excellence and long-standing commitment to the community, we are thrilled to partner with Pomona Valley Hospital Medical Center to deliver an intuitive and empowering digital wayfinding experience," said Joe Brown, Intraprise's Chief Information Officer.

Eyedog Digital Wayfinding does not require an app download. Patients, visitors, and staff can scan QR codes with their phone's camera to access the Eyedog technology, orient themselves, and continue their journey, remaining focused on the purpose of their visit rather than the logistics.

Thank you to all who participated in our Go Live campaign!



HAPPY ONCOLOGY NURSES MONTH!

Our Oncology Nurses are a source of strength for our patients and their loved ones. Their expertise and compassion provide hope and comfort for those facing the unimaginable. That's why we celebrate you, our Oncology Nurses, this May and every month after.





Better Hearing and Speech Month (BHSM) was founded in 1927, by the American Speech-Language-Hearing Association (ASHA). Each May, ASHA highlights BHSM to recognize and better understand communication disorders. The aim of BHSM is to raise awareness about hearing and speech problems, encouraging people to analyze their own or their loved ones hearing and speech, and to take action if they think there might be a problem. Treatment can then be given to improve the quality of life in people with communication problems ... thus improving their connection with the people in their life.

Speech and language disorders are evaluated and treated by speech-language pathologists. Speech is the ability to produce sounds using the mouth, lips, and tongue. A child may say sounds the wrong way, repeat sounds and words, or be difficult to understand. Language is the ability to use and put words together—and to understand others' words. A child may have trouble understanding questions, following directions, or naming objects. Early speech and language treatment sets a child up for future school and social success.

Speech and language problems in adults can result from various causes. They include brain injury, stroke, and diseases that affect the brain such as Alzheimer's disease, multiple sclerosis, and Parkinson's disease. They can also stem from breathing problems, cancers in the head and/or neck region, and voice damage.

At PVHMC, our Speech-Language Pathologists provide treatment for:

**Swallowing Dysfunction • Cognitive Retraining
Speech-Language Delay/Disorders • Augmentative Communication
Voice Disorders • Video Fluoroscopy Swallow Study-Radiology
Post-COVID Symptoms Related to Cognition, Swallowing, Communication**



Pediatric outpatient speech and language therapy is offered at our Milestones Centers for Child Development in Chino Hills and Claremont. Adult outpatient speech and language therapy is provided in Rehabilitation Services on the first floor of the Robert and Beverly Lewis Outpatient Pavilion. In addition to outpatient services, our Speech-Language Pathologists also treat neonates, premature infants, children, and adults on the inpatient floors of PVHMC.

Thank you to our Speech-Language Pathology Team for helping improve each patient's connections with people!

**John Huang, CCC-SLP • Yvette Torres-Saucedo, CCC-SLP
Urvashi Lau, CCC-SLP • Mercedes Green, CCC-SLP • Sana Naiyer, CCC-SLP
Kimberly Iniguez, CCC-SLP • Claudia Parra, SLPA • Victoria Vasquez, SLPA**



Stories of Our Patients

Early Screening and Detection of Prostate Cancer Saves Pomona Man's Life

Richard McAlpin has always led an active lifestyle, and you can regularly find him on the local golf course playing 18 holes with his friends. So when the 75-year-old Pomona resident started experiencing dizziness in October 2021, he went in for a routine physical.

After learning he had high blood pressure, Richard stayed on top of his new diagnosis by taking his medication. A prostate-specific antigen (PSA) test was performed as part of his visit. The test concluded that his levels were elevated. He was then referred to Dr. Michael Consolo MD, a urologist affiliated with Pomona Valley Hospital Medical Center (PVHMC), for further testing. A cancer diagnosis was the last thing Richard expected.

"I was shocked," he said. "It was a relief to hear from the doctors that the cancer was caught early and is curable."

Richard's doctor referred him to Y.S. Ram Rao, MD, FACRO, Radiation Oncologist and Medical Director of Radiation Oncology at The Robert and Beverly Lewis Family Cancer Care Center at PVHMC, where he underwent additional tests to learn more about his prostate cancer diagnosis and determine the next steps.

"Patients today are very fortunate because of the PSA screening," Dr. Rao shared. "The earlier the diagnosis, the better the cure rate."

The Robert & Beverly Lewis Family Cancer Care Center at PVHMC offers the latest advancements in cancer treatments, such as image-guided radiation – Tomotherapy – where radiation is focused precisely on the prostate to ensure accuracy while minimizing risk of radiation to surrounding healthy tissue and organs.

"During the whole process from start to finish, there's a nurse with you, and I felt total support from the nurse and the doctor," Richard said. "Everything they told me about what I would experience was true," he added. "The entire team of doctors, nurses, and staff at the Cancer Care Center made the process easier and helped me understand every side effect and what I would be feeling (or not) during treatment."

Richard recently completed his treatment and was excited to "ring the bell" at PVHMC's Radiation Center, signaling the conclusion of his cancer treatment. He is looking forward to being back on the golf course with his friends and helping his father.

"I am very fortunate the cancer was caught early," Richard shared. "My advice is for everyone is to get screened yearly-- that's at 50 like they recommend or earlier if you have a family history."



Thanks to all who Participated in our National Donor Month Activities!

National Donor Month at PHVMC was a success! From our Flag-Raising Ceremony to our joint community events in Claremont and our Blood Drives to OneLegacy's Unit Rounding on National Blue and Green Day, we thank each and every Associate and community member who engaged with us to learn more about the importance of organ and tissue donation.



Donor Case Outcome



Case Scenario:

A 62-year-old was admitted in early March to the Emergency Department. The healthcare team recognized that this patient should be referred for a consult with OneLegacy as she met the criteria for preserving the opportunity for donation. With the help of our healthcare heroes, the family was presented with the opportunity to give the gift of life through tissue donation. The patient's generous gift was able to save and heal the lives of those in need through the donation of the following tissues:

- Corneas
- Musculoskeletal
- Skin

Thanks to your hospital, lives were saved and healed through donation. It is only through the efforts and commitment of healthcare professionals like you that we are able to provide these life-saving transplants. We recognize the tremendous amount of time and energy that goes into making the hope of transplant a reality, and we appreciate your dedication to our joint mission of saving lives.

For questions or requests, please contact Duane Turner, Donation Development Coordinator, OneLegacy, (909)557-7744 / dtturner@onelegacy.org.

PVHMC REOPENS FITNESS GYM AS OF APRIL 25

Great news for all A-FIT and Doc-FIT Members:

The PVHMC "Fitness Gym" in the basement is now open! The gym door entrance is now only off the hallway near the stair well. It is accessible by badge proxy ONLY to our A-FIT and Doc-FIT members. Open 24/7, the gym offers the most popular pieces of Cardio equipment and strength training machines, chrome free weights and a new double column, cable unit with an adjustable bench. We also have a new 65" TV with Spectrum service. Can you say Dodger and Laker games during work outs?! In addition to the proxy entrance, safety remains strong with a security camera, telephone and an AED.

At this time, please respect that COVID-19 protocols are still in place, therefore, masks, gloves and wipes are also available and to be used before and after use of equipment or machines.

Not a Fitness Gym Member, but interested in learning more?

A-FIT (Associate Fitness) and Doc-FIT (Physician Fitness) are membership programs available for a small fee to all PVHMC Associates and Physicians. Membership allows access to this gym space before and after work. Information on how to join is available on the Hospital's Intranet. If you have questions, or would like a tour of the new Fitness Gym, please call Cecilia Silva or Oliver Grages from our Cardiac Wellness Department at ext. 9831.

WELCOME TO OUR NEW GRADAUTE NURSE COHORT!



Volunteer Appreciation

Whether it's escorting patients, operating the Tender Touch Gift Shop, answering calls, supporting special events, assisting departments, guiding visitors and so much more, our Volunteers are the core of our hospital community, bringing compassion, kindness, and joy to everyone who comes through our doors. We are comforted by their smiling eyes and heartfelt greetings and are so grateful for all they do to support PVHMC. In honor of National Volunteer Week, we hosted a week of sweets and treats for them to enjoy, including breakfast, Doubletree cookies, popcorn, bundt cakes, a special gift and more! Please join us as we recognize our volunteers for all they do! If you see a Volunteer, wish them a Happy National Volunteer Week!



HEALTHCARE TECHNOLOGY MANAGEMENT / BIOMED WEEK 2022: MAY 15 - 22!

During Healthcare Week, we celebrate and promote the critical work of biomedical equipment technicians (BMETs), clinical engineers, and others in the healthcare technology management (HTM) field!



Brain Teaser

What question is it impossible to answer "yes" to?

If you have figured this out, email amber.brenneisen@pvhmc.org for a chance to win a \$25 gift card!

Valerie Segura, Medical Staff Assistant, was the April winner!

What falls but never gets hurt?

Solution: The intended answer was "rain," however, other solutions were also accepted, including snow and waterfalls.

MISSION OF THE PVHMC SECURITY DEPARTMENT

By Michelle Walsh, Director of Security

The Security Department's mission is to safeguard the lives and property of patients, visitors and Associates. We incorporate Pomona Valley Hospital Medical Center's C.H.A.N.G.E. Values and our Security Department Values (Integrity, Safety, Productivity, Leadership, Ethical Patrolling, Collaboration and Teamwork) into our everyday work lives. Our Security team is comprised of a Director, Operations Manager, Training and Compliance Manager, Administrative Assistant, Dispatchers, Ambassadors, Security Officers and three Security K-9 Teams.

When faced with an emergency or disaster, it comes down to all of us working collaboratively and as experts in our own domain. We each have our area of expertise, and in a culture of safety and collaboration, we rely on each other to get the job done. This is what makes Pomona Valley Hospital Medical Center great, yes?!

In the event of an emergency or disaster, do you know what your department's emergency or disaster plans are? If not, our Hospital Intranet provides a plethora of information on hospital-wide responses and department emergency plans. Plan your work and work your plan. If you have a safety concern, please contact our security dispatch at x1185 or 909-865-9749 and provide as many details as possible (Location, what the issue is, description, etc.). In the event of an emergency on campus, dial x5555 to reach the hospital emergency operator. We appreciate all of you!

TEMPORARY DISABLED PERSON PLACARD PARKING INFORMATION



For Associates who may have a medical necessity and/or temporary or permanent disability that have requested to park in places other than their assigned locations, Pomona Valley Hospital Medical Center (PVHMC) follows the Americans with Disabilities Act (ADA) guidelines.

This guideline offers the choice to all Associates with a medical necessity to apply for a temporary or permanent disabled person placard by having their licensed physician, surgeon, chiropractor, optometrist, physician assistant, nurse practitioner or certified nurse midwife, that has knowledge of the disease and/or disability, to complete and sign the Medical Provider's Certification of Disability section of the online Department of Motor Vehicles (DMV) application REG 195.

This form is provided by a medical provider and/or can be printed and given to the medical provider. After completion of the form, a temporary disabled person placard is easily obtained through the DMV or Auto Club (AAA) with payment of a \$6.00 fee.

If an Associate obtains a disabled person placard, they may park in any disabled person space on and off PVHMC property (must be a disabled person space, not one designated for any other purpose).

Temporary disabled person placards are valid for up to 180 days (six months) or until the date noted by a qualifying licensed medical professional on the application (whichever time frame is shorter). Temporary disability person placards cannot be renewed more than six times in a row. PVHMC meets the requirements of the ADA, which ensures the availability of a certain number of accessible parking spaces based on the ADA's guidelines. This legal process accommodates Associates who may have a temporary or permanent disability and/or medical necessity.

National Doctor's Day - March 30

Thanks to all who joined us in celebrating our dedicated Physicians



Doctor's Day Guardian Angels



Sri Gorty, MD



Rama Thumati, MD



Mohammed Elbatta, MD



Tahira Akram, MD



Lori Vanyo, MD



Lisa Raptis, MD



Ayyampalayam Mohan, MD



Guarav Parikh, MD



Duong Phung, MD



Ashok Sharma, MD



Robert Lopez, MD



Benham Ebrahimi, MD



Justin Pegueros, MD



Sula Safar, MD

ANNUAL ENVIRONMENT OF CARE COMMITTEE (EOC) MEETING

The Environment of Care Committee (EOC) hosted its Annual Meeting on April 13, 2022, at the DoubleTree Hotel in Claremont - this was the first in-person meeting since 2019! The meeting kicked off with a special acknowledgement of Michael Vestino, Vice President of Support Services, for all of his hard work, dedication and the support he provides every day.

The goal of the EOC for 2022 is to be in the Top 1% of all hospitals in EOC Programs/Compliance.

All seven sub-committees chairpersons were present:

Safe Environment/Emergency Preparedness Committee – Steven Storbakken

Security – Michelle Walsh

Utilities – Charlie Chiang

Fire Life & Safety – Charlie Chiang

Medical Equipment – John Jimenez

Hazardous Materials – Carina Aguilar



Each committee discussed, in great detail the following:

- 2021 Performance and PI Final
- 2022 Monitoring/Plans and PI.
- Approval of Management Plans and Annual Reviews.

Other items discussed included updates from the Joint Commission, EOC expectations and the process for committee approvals. Thanks to all of the Departments who attended: Infection Control, Emergency Department, the Vice President of Medical Affairs, Nursing, Quality Improvement, Environmental Services, Facilities, Security, Safety, Emergency Preparedness, House Supervisor Admin, Support Services and Telecommunications.

EMERGENCY PREPAREDNESS DEPARTMENT TO HOST DECONTAMINATION TRAINING AT PVHMC

The Emergency Preparedness Department will be hosting an 8-hour decontamination (Decon) training class at Pomona Valley Hospital Medical Center (PVHMC). The Decon class will be held on Friday, May 20, from 8:00 am – 4:30 pm (location to be determined). The fee of the class will be covered by the Emergency Preparedness Department.

During this class, Associates and Physicians will learn how to:

1. Perform decontamination & train their response teams.
2. Manage decontamination response at all times.
3. Donning & doffing of decon suits and equipment

If you would like to sign up, please obtain approval from your Manager to participate, then contact:

David Bertola, Disaster Resource Coordinator
909-630-7252 | David.bertola@pvhmc.org



At the end of the training, students will receive an 8-hour Hazmat First Receiver Awareness & First Receiver Operations certificate. Once this course has been completed, Associates will also be eligible and ready to join PVHMC in participating in the Los Angeles County Decon Exercise on June 16th, from 7:00 am – 12:00 pm, at Emanate Health Foothill Presbyterian Hospital in Glendora. This exercise will be a real-life scenario, with actors portraying the role of victims who have been contaminated.



MAY CULTURAL OBSERVANCES AND HOLIDAYS



ASIAN AMERICAN AND PACIFIC ISLANDER HERITAGE MONTH

May is Asian American and Pacific Islander (AAPI) Heritage Month—an annual celebration that recognizes the historical and cultural contributions of Asians and Pacific Islanders in the United States. AAPI heritage commemoration was first observed in 1979 under President Jimmy Carter, who noted the “enormous contributions to the sciences, arts, industry, government and commerce” made by Asian-Americans and Pacific Islanders. While the first recognition was a week-long celebration, in 1990, President George H.W. Bush expanded the celebration to cover the whole month of May.



May was chosen in recognition of May 7, 1843, the date the first Japanese immigrants arrived in the United States, and in recognition of May 10, 1869, which marked the completion of the transcontinental railroad, which would not have been possible without the contributions of Chinese-Americans.

There are more than 23 million individuals who identify as Asian American or Pacific islanders and there is a huge diversity within this group. Asian Americans themselves comprise roughly 50 ethnic groups, who speak upward to 100 languages.

Asian American Diversity

- Indian Americans
- Chinese Americans
- Taiwanese American
- Filipino Americans
- Vietnamese Americans
- Korean Americans
- Japanese Americans
- Pakistani Americans
- Cambodian Americans
- Hmong Americans
- Thai Americans
- Laotian Americans
- Bangladeshi Americans
- Burmese Americans
- Nepalese Americans
- Indonesian Americans
- Sri Lankan Americans
- Malaysian Americans
- Bhutanese Americans
- Mongolian Americans

Pacific Islander Diversity

- Native Hawaiian American
- Samoan American
- Tokelauan American
- Tahitian American
- Tongan American
- Guamanian American
- Chamorro American
- Mariana Islander American
- Saipanese American
- Palauan American
- Yapese American
- Chuukese American
- Pohnpeian American
- Kosraean American
- Marshallese American
- I-Kiribati American
- Fijian American
- Papua New Guinean Am.
- Solomon Islander Am.
- Ni-Vanuatu people Am.

AAPI individuals and groups have contributed to many facets of American culture and society including the fields of science and medicine. For example, “Dr. Margaret Chung became the first American-born female Chinese physician in 1916. She was the only woman in her class, dressed in masculine clothing and called herself, “Mike.” She was denied residencies and internships in hospitals before becoming a surgeon in Los Angeles. In the early 1920s, she helped establish the first Western hospital in San Francisco’s Chinatown and led its OB-GYN and pediatrics unit, where she treated the local Chinese American community. Dr. Chung helped to establish Women Accepted for Volunteer Emergency Services, or WAVES, the women’s branch of the naval reserves during World War II, which paved the way for women’s integration into the U.S armed forces, though she was rejected from serving in it herself, likely because of her race and her sexuality” (see below Becker’s Hospital Review link).

Asian American and Pacific Islander (AAPI) Heritage Month has taken on even more significance in the last few years as we have seen an increase in Anti-AAPI racism and hate. As we celebrate and honor the cultural and historical contributions of our AAPI community, it is important that we also take a moment to acknowledge a long history of bigotry and racism that individuals of AAPI descent have experienced in the United States. These include but are not limited to federal policies like the Chinese exclusion act of 1882, Japanese internment during WWII and more recently, 9/11 and COVID-19 inspired interpersonal hate.

It also is important to acknowledge the significant health disparities that we see in AAPI communities, including higher rates of diabetes, obesity, asthma, hepatitis, tuberculosis, stomach & liver cancers and infant mortality. Understanding historical injustices that have led to recent anti-AAPI racism and long-standing health disparities will help individuals and organizations identify and eliminate policies and other factors that contribute to inequities and ultimately become better allies to support the needs of our AAPI community.

We encourage you to explore the below links:

<https://asianpacificheritage.gov>

<https://today.tamu.edu/2021/05/24/understanding-asian-american-and-pacific-islander-heritage-month/>

<https://time.com/5592591/asian-pacific-heritage-month-history/>

<https://aapidata.com/censumaps/>

<https://www.api-gbv.org/resources/census-data-api-identities/>

<https://www.beckershospitalreview.com/hospital-management-administration/9-medical-pioneers-to-celebrate-for-asian-american-and-pacific-islander-heritage-month.html>

The Power of Prayer



By Elizabeth Grainger, Palliative Care Chaplain

On the first Thursday of every May (May 4), the United States Congress designates a National Day of Prayer inviting all Americans “to turn to God in prayer and meditation.” Across virtually all spiritual traditions, many of us pray when we feel in need of healing, comfort, divine connection, direction.... The reasons to pray are as diverse as the ways of praying. As we once again commemorate the National Day of Prayer, let us look to various ways of connecting with the Divine through prayer.

Hinduism

In Hindu traditions, prayer and meditation are central to spiritual life. In addition to going to a specific temple for prayer and rituals, many Hindus have a personal or family shrine for prayer at home. Prayer in Hindu traditions could include chanting a mantra (a sacred sound, word, name or names of the Divine, or Sanskrit words), a devotional ritual, ritual cleansing with sacred water, and focusing the mind and heart on the Divine.

Buddhism

Many Buddhists also use a mantra for prayer and meditation as part of their spiritual lives. Meditation or prayer is common to most Buddhist traditions, as a means of developing compassion and connection. One form of meditation from the Mahayana tradition, *Mettā*, or loving-kindness meditation, focused on the cultivation of benevolence, kindness, and friendliness. Through repetition of specific sayings such as “may you be free from suffering,” greater loving-kindness and healing are generated not only for yourself and the people you love, but for others—including for your enemies.

Judaism

Prayer is commanded by the Torah and is considered a “service of the heart” (drawing from Deuteronomy 11:12). Some congregations follow a fixed Hebrew liturgy using a *siddur* (Hebrew prayer book) as an important part of communal religious life. The psalms are often a resource for times of sickness, trouble, and loss. Judaism also has an ancient tradition of personal prayer, direct communication between the individual and God.

Christianity

There are many forms of prayer in Christian traditions,

and whether offered as a congregation in church or by an individual speaking the contents of their heart, prayer is central to Christianity. The most common prayer across Christian denominations is the “Lord’s Prayer,” which Jesus taught to the disciples according to sources such as Matthew 6:9-13. Another way many Christians show their faith and call on God for healing is through the practice of anointing. In the Orthodox traditions, the Jesus Prayer (“Lord Jesus Christ, Son of God, have mercy on me, a sinner”) may be repeated hundreds or thousands of times as part of a spiritual discipline.

Islam

Five-times daily prayer or *Salāt* is a person’s communication with and remembrance of God in Islam, and is one of the Five Pillars of the religion. The primary purpose of prayer in Islam is direct communication with Allah. Through participating in prayer, the Islamic believer can grow closer to Allah and in turn strengthen their faith. According to the tenets of Islam, just as humans physically require nourishment to stay alive, the soul requires prayer and closeness to God to remain spiritually healthy.

As we commemorate this National Day of Prayer, may your spirit be strengthened by your own practice of prayer. *To speak with a Chaplain (available Monday-Friday, 9am-5:30pm), please phone 469-9305. To request support for a patient or family, enter a Spiritual Care Services referral in PowerChart.*

We are here to support YOU!

May 2022

- 1 Beltane (Summer Festival)—Celtic/Gaelic/Pagan
- 3 Eid al-Fitr (Festival of Breaking the Fast; end of Ramadan)—Islam
- 4 National Day of Prayer (United States interfaith holiday)
- 8 Vesak/Buddha Jayanti (Birthday of Buddha)—Buddhism
- 18 Lag B'Omer (33rd Day of Omer/Bonfire Festival)—Judaism
- 24 Declaration of the Bab—Bahá’í
- 26 Feast of the Ascension/Ascension Day—Christian
- 29 Ascension of Bahá’u’lláh—Bahá’í
- 30 Memorial Day (remembrance of U.S. military personnel)



FRIENDLY REMINDER

PTO CASH-OUT ELECTION

FOR NOVEMBER 10, 2022

If you are interested in cashing out some PTO; the link to cash out your PTO will be available through Launchpad from May 2nd through May 31st.

Requirements:

If you are a Full-Time Associate, you can cash out a maximum of 40 PTO hours (must have more than 80 hours left in your PTO bank).

If you are a Regular Part-Time Associate, you can cash out a maximum of 20 PTO hours (must have more than 40 hours left in your PTO bank).

If you are getting close to your PTO maximum – cash-out some PTO!

MAXIMUM PTO ACCRUALS

Years of Service	0-4years	5-9years	10+years
Full-time	416 hours	496 hours	576 hours
Regular Part-time	208 hours	248 hours	288 hours

CODE RED: FIRE EDUCATION

IN THE EVENT OF A FIRE, WHAT ACTIONS SHOULD BE TAKEN TO PREPARE THE BUILDING OR FLOOR FOR EVACUATION?

- | | |
|---|---|
| <input type="checkbox"/> CLEAR HALLWAYS | <input type="checkbox"/> REPORT TO THE PERSONNEL POOL |
| <input type="checkbox"/> ASSIST NURSING STAFF | <input type="checkbox"/> ALL OF THE ABOVE |

Although all of these answers are appropriate, there is one that should be accomplished as quickly as possible:

Hallways should be cleared so that emergency procedures can be operationalized.

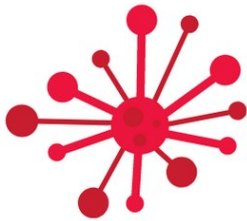
In a fire, evacuation time is important. If there is clutter (isolation carts, WOW's, Dietary carts, etc.), emergency personnel will not be able to navigate the hallways as easy. This is also why the Joint Commission (TJC) requires all portable equipment be located on one side of the hallway to facilitate evacuation. (REFERENCE: Policy and Procedure EOC # 505.02 page 8, Step 5. Evacuation)

.....

PVHMC IN THE COMMUNITY!

In the month of April, PVHMC provided lung function screenings, hands-only CPR demonstrations, Sepsis education and so much more to our community.

Pomona CommUNITY Pull Up Event - April 5
Our Sepsis Taskforce education community members at the Westland Estates Mobile Home Park in Pomona.



Claremont Community Emergency Response Team (CERT) Classic Car Show - April 10
Our PVHMC team offered free lung health screenings, smoking cessation education and hands-only CPR to attendees.



Ontario Reign Hockey Game
Our Respiratory Department had a blast at the April 10 Ontario Reign Hockey Game - thank you to the Ontario Reign for providing our Associates with the discounted tickets!





Trending: #retirement

Virtual financial summit for early savers

Too many people who near the end of their career regret not saving earlier. Don't be one of them!

There's always going to be something else to spend your money on, so get in the habit today of putting some away for your future. You'll be glad you did.

Please visit the **Benefits Education Gallery** to view this video and access all the live links within this document.

Seize the day

This short, animated video shows how two friends had different thoughts on when to start saving — and what that meant for their retirement dreams.



Time is on your side – if you act now

When you're young, you have decades for your money to grow, which means a little bit now can really add up in the future. The time to save for retirement — or save more if you're already enrolled — is right now.

Know what else what early savers can do? Stay the course and ride out market ups and downs before retirement. It's natural to get nervous about stock market drops. While past performance does not guarantee future results, historically, it has gone up. And you have time to wait.

Check out this short animated [video](#) and tips for managing the waves of the market.

These resources can help you prioritize your future:

- [Managing student loan debt](#)
- [5 things to do with your first paycheck](#)
- [Saving for a wedding](#)
- [Simple budgeting](#)
- [6 reasons to meet with a financial professional](#)

Meet with a professional, courtesy of Pomona Valley Hospital Medical Center

Your retirement plan representative, Roberto Duran, and his team, can give you one-on-one help so you can make informed decisions. Virtual and phone meetings are available when you can't meet in person. Make an appointment at [LincolnFinancial.com/PVHMSchedule](#) or contact Roberto directly.



Roberto J. Duran, CFP®, ChFC®, CRPC®, CBEC®

949-623-1762

Roberto.Duran@LFG.com

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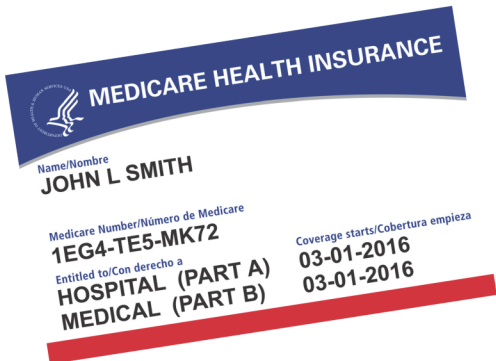
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8 am to 8 pm, 7 days a week to learn more and request our "Medicare Facts You Need to Know" guide.



PVHMC IN THE NEWS



Dr. M. Hellen Rodriguez Talks with Univision about Increased COVID-19 Risks for Pregnant Women

April 4, 2022

Dr. M. Hellen Rodríguez discusses a clinical study that shows that pregnant women are twice as likely to be infected with COVID-19 than other women, even when they have the required vaccines. Watch the clip [here](#).



Dr. Douglas Chiriboga Talks About the Rise of STDs

April 21, 2022

Dr. Chiriboga spoke with Univision about the rise in sexually transmitted diseases (STD) reported since beginning of the pandemic in 2020. At least 2.4 million cases of STDs had been registered and that "50% of these were among young people between 15 and 24 years old." Watch the clip [here](#).



Dr. Chiriboga Speaks on Expansion of MediCal

April 22, 2022

Dr. Chiriboga also spoke with Telemundo about the expansion of MediCal to undocumented immigrants age 50 years and older and what it may mean for their health. Watch the clip [here](#).

Dr. Anthony Gan Shares His Insights on COVID-19 in January and Now

April 24, 2022

Dr. Gan spoke with the OC Register about what COVID-19 looks like in hospitals now versus in January, during the most recent surge, and how many healthcare providers are feeling as we live in this new endemic phase. Read more [here](#).

THE ORANGE COUNTY
REGISTER

healthline

Dr. John Mourani on Recent Mask Changes with Healthline

April 21, 2022

Dr. Mourani shared his thoughts on the recent masking guidelines released by the Centers for Disease Control and Prevention (CDC) and how community members can continue to protect themselves from COVID-19. Read the article [here](#).

PVHMC and Eyedog Launch

April 19, 2022

News of our new digital wayfinding platform was featured in online publications such as Becker's Hospital Review, Yahoo! News, AP News, Yahoo! and more. Read the article [here](#).

NEWSWIRE

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NOTICE

ANNUAL TB SCREENING DUE

Departments listed are due for Annual TB Screening STARTING as early as MAY 1.

Please notify Associates in your department that TB Screening is a mandatory requirement for all Healthcare Workers and must be completed by month end, May 31, 2022. If your Associate decides to receive their TB testing outside of PVHMC, PLEASE remind them that they will still need to attach the TB Questionnaire to their outside results.

Associates may report to the OHS clinic (4th floor) during office hours:
Monday - Friday | 7:00 am - 4:00 pm

After-Hours/Night Shift/Weekends/Holidays: Contact the Nursing Administrative Supervisor on Duty

THERE IS NO GRACE PERIOD FOR TB COMPLIANCE.

ALL ASSOCIATES IN THE DEPARTMENTS LISTED ARE DUE BY MONTH-END TO AVOID SUSPENSION FOR NON-COMPLIANCE.

DEPARTMENTS DUE IN MAY:

6152	DOU 6 (TELE6)	7427	PACU
6172	4 CENTRAL	7429	DAY SURGERY
6173	5 CENTRAL	7450	ANESTHESIA
7005	CH CROSSROADS U.C.	7570	CATH LAB
7006	CH CROSSROADS HEALTH CTR	7590	NON-INVASIVE CARDIO
7007	CHINO HILLS ADMIN	7620	NEUROLOGY
7008	CHINO HILLS HEALTH CTR	7740	DIALYSIS
7230	OBSERVATION CARE	7760	G.I. LAB
7420	SURGERY	8381	STERILE PROCESSING
7421	SURGERY OPP	8615	CARDIAC SURGERY ADMIN
7423	CARDIAC SURGERY	8740	EDUCATION

NOTICE FOR GI/RADIOLOGY SERVICES PATIENTS

**ATTENTION ASSOCIATES, PHYSICIANS
AND VOLUNTEERS WHO UTILIZE PVHMC'S
GI/RADIOLOGY SERVICES AS A PATIENT:**

In order for our GI and Radiology Services Department to best serve you, please check-in with the Admitting Receptionist located in the Women's Center or Main Lobby PRIOR to entering our GI/Radiology Departments. We ask that you do not use your badge to enter the waiting area without first checking-in. Thank you!



"I am the Patient Experience" Winners!

These nurses were recognized by patients for providing outstanding care and customer service! THANK YOU for going above and beyond in living our Values!
**Customer Satisfaction. Honor and Respect. Accountability. New Ideas.
 Growing Continuously. Excellence.**



**Darleen Hernandez,
RN, BSN - ICU3**



**Anyssa Henrich, RN,
BSN - ICU3**



**Sandra Cuevas,
CNA - Tele 6**



**Madeline Anes, RN,
BSN - ICU3**



**Elena Padilla, RN, MSN,
CMSRN - MedSurg 5**



**Carlie Sweeden,
PCST - MedSurg 4**

DO YOU WANT TO BE THE NEXT WINNER?

During Executive and Nursing Leadership rounding, Associates who are recognized by their patients for providing outstanding care and customer satisfaction will receive an "I am the Patient Experience" card. This card works in two ways: you can take this card to the cafeteria to redeem a free fountain drink and be entered into a raffle! Or, once a month a card is drawn to recognize an Associate who proudly demonstrates our Values! You can be next!



Shout-Outs and Celebrations!



Happy Birthday to:
Jay Owens, Director of
MedSurg/Tele 6 (5/3)

Michele Atkins-Young, Director of
Children's Services (5/25)
From Nursing Administration

Happy Birthday Lisa
Cocores, MSN, RN,
CMSRN, Manager,
MedSurg 5!

Happy Birthday Jay
Owens, MSN, RN, CNML,
CMSRN, Director of
MedSurg 4-5 and Tele 6!



We hope your day is as special as you!
From: Jay, Monica, Madeline, Maura, Chris,
Israel and Teams on 4C, 5C and Tele 6



JOKES OF THE MONTH

By Michelle Walsh, Director of Security

I burned 2,000 calories last night.
*Remind me to never take a nap while I put
brownies in the oven.*

Simba was walking so slowly.
I told him to Mufasa.

I try to play hide and see in the hospital...
but they keep finding me in the ICU.

A friend of mine was destined to be an Osteopath
He said he could feel it in his bones.



To celebrate Social Work Month, our Social Workers, with the support of the Case Management Department, donated personal care items to create over 120 personal hygiene kits. Our community partner, Union Station Homeless Services, was very appreciative of this badly needed donation. Union Station Homeless Services provides services to unhoused individuals and families in the Service Planning Area (SPA) 3 catchment area (from Pasadena to Pomona). It provides overnight shelter, transitional placement and long term housing. It also provides case management services, connecting clients with medical and other government services.

If you want to share a "shout-out," email amber.brenneisen@pvhmc.org and it may appear in next month's newsletter!

The deadline for the June Newsletter is **Friday, May 20th!**
Please have your Manager/Supervisor OK your submission.
Send all submissions to amber.brenneisen@pvhmc.org.