PVHMC Halloween

Best of Show!

Upcoming Events

Blood Drive
Friday, Nov. 9
7 am—7 pm
Pitzer Auditorium

Tree of Gratitude
Thursday, Nov. 15
2:00—4:00 pm Pitzer Auditorium

Brain Teaser

What number comes next in the following sequence? 2 4 8 10 20
If you have figured this out, email amber.brenneisen@pvhmc.org to be entered into a drawing for a $25 gift card!

Abdel Marron, Medical Receptionist from Family Practice Clinic was October’s winner! Congratulations!

October’s Brain Teaser Question: “Without it, I’m dead. If I’m not, then I’m behind. What am I?”
Solution: “Ahead”
Building on our commitment to provide the highest quality care and an excellent patient experience to the community we serve, Pomona Valley Hospital Medical Center is pleased to announce 24-hour Provider on Arrival at the triage desk in the Emergency Department (ED). This means that when patients now arrive at the ED, they have access to a certified Emergency Department physician, who can quickly assess the patient for level of care required and immediacy of need for treatment. PVHMC is one of the first in the region to staff ED arrival with emergency physicians exclusively. According to Dr. James Kim, ED Medical Director, “Provider on Arrival improves the Emergency Department patient flow, expedites treatment and improves patient satisfaction.”

Since the September launch of Provider on Arrival, patients requiring an immediate bed have experienced shorter wait times and prompt care once they’ve been moved to a bed because the physician has already placed the treatment and medication orders during the rapid medical exam at triage. And the time from arrival to discharge has been reduced for all patients.
Calling all Veterans and Those Currently Serving our Country!

We will be honoring all PVHMC Associates (Staff, Physicians, Volunteers and Board Members) who are Veterans or Currently serving our country on-

Monday, November 12, 2018

11:30 am—1:00 pm
Lunch and Program
Pitzer Auditorium

Please send a photo in your uniform to frank.garcia@pvhmc.org for our slideshow

Please RSVP by November 7th to: Darlene Johnson at darlene.johnson@pvhmc.org.
The Security Department was proud to participate in the Pink Patch Project! The unique inaugural 2018 pink patch was available for Hospital Associates to purchase throughout the month of October and at two special events. In conjunction with the Pomona Police Department, a kick-off event was held on September 27th at The Robert and Beverly Lewis Family Cancer Care Center.

It was a great success! The October 1st event at the Hospital had many visitors to the Women’s Center stopping to see the Pink motorcycle and the vintage police car. All proceeds will be designated to our PVHMC Breast Cancer Fund through the Foundation. Find out next month how much our Security Department donated!

The City of Pomona Police Department was actively out in the community raising funds throughout the month of October! At the “Singing for Survivors” event, the Pomona PD presented a check for $20,000 designated to the Breast Cancer Fund.

The Pink Patch Project (PPP) is an innovative public awareness campaign designed to bring attention to the fight against breast cancer and to support breast cancer research organizations in combating this devastating disease. The purposes of the PPP are to:

- Raise awareness about breast cancer and the importance of early detection and treatment
- Raise funds for cancer research, treatment and education through the sale of commemorative pink patches and other items that the Police Department had available
On October 18 at 10:18 am Associates dropped, covered and held on!
The winning photos:

EVS
PVHC La Verne Primary Care
PVHC Claremont Primary Care

Power of Pink Party

On Sunday, October 7th the 13th annual Power of Pink Party was held in Pitzer Auditorium. “This party expresses our support for breast cancer patients and survivors, their families and friends in our community, while providing important information about early detection and treatment of breast cancer,” said Michele Daly, one of the three women who have hosted the party.

They also celebrated all of the knitters and crocheters who have donated over 10,000 pink scarves since 2006. Food, fun, photos and door prizes made for an entertaining afternoon!

The $3,000 raised went to the Breast Health Fund at The Robert and Beverly Lewis Family Cancer Care Center. We appreciate their ongoing support!
PVHMC’s Tree of Gratitude

Thanksgiving is a time to reflect on all of the things we are thankful for.

Let’s take some time to reflect upon PVHMC, the people we work with, and the little things we appreciate each day when we come to work....

Let’s tell our PVHMC family what we are thankful for!

Email Leigh.Cornell@pvhmc.org or call x7785 to receive a thankful leaf.

Then join us on:

Thursday, November 15th

2:00 pm - 4:00 pm

Pitzer Auditorium

Pie, coffee bar and raffles

and view PVHMC’s Tree of Gratitude
What is the Professional Practice Model?

By Maria E. Brown, MSN, RN, Magnet Program Manager

Some may refer to it as the “Change Values” poster, but it’s actually the Nursing Professional Practice Model. A professional practice model is a system or framework that supports professional nurses in their everyday practice. This model supports our belief in the importance of superior patient care based on partnerships between nursing and other clinicians, patients, families and the community.

Putting Words to our Professional Practice Model

Arching words are our Outcomes:

⇒ Quality & Safety
⇒ Expert Care
⇒ Professionalism

The Center represents our Caring and Compassion, which enables us to connect with our Patient Family-Community – “Family Centered Care”

The mountain represents no beginning or no end. Demonstrating how each component connects the –

C H A N G E VALUES:
Customer Satisfaction
Honor and Respect
Accountability
New Ideas
Growing Continuously
Excellence

Just Culture
- Accountability
- Accepting responsibility/ownership
- Owning up to gaps in knowledge
- Quality of choice
- Reporting errors and system vulnerabilities
- Following through: “Do what you say”
- Conviction and courage to do the right thing despite what others think
- Responding to events in a fair and just manner
- Focus on risk, system design and behavioral choices
- Balancing system and individual accountability
- Support thriving learning systems

Expertise and Knowledge
- Certification
- Clinical Ladder
- Advance degree
- Continuing Education (Life Long Learning)
- Competency

Shared Governance
- Shared decision making
- Nurses having control over their own practice
- Collaboration
- Communication

Leadership
- Innovation
- Voice Advocacy
- Commitment to my co-worker
- Transformational Leadership
- Peer Review
- Champion

Evidence Based Practice
- Research
- Innovation
- Performance Improvement
- Change
- Best Practice

Coaching and Mentoring
- Championing of cause
- Role modeling
- Guidance
- Trusting partnership

PROFESSIONAL PRACTICE MODEL
“I AM THE PATIENT EXPERIENCE” WINNERS!!!

These nurses were recognized by patients for providing outstanding care and customer service! THANK YOU for going above and beyond in living our Values!


DO YOU WANT TO BE THE NEXT WINNER?

During Executive and Nursing Leadership rounding, Associates who are recognized by their patients for providing outstanding care and customer satisfaction will receive an “I am the Patient Experience” card. This card works in two ways: first you can take this card to the cafeteria to redeem a free fountain drink, and then you are entered into a raffle!

Once a month a card is drawn to recognize an Associate who proudly demonstrates our Values! You can be next!

Estella Perraza, CNA, with Clinical Supervisor, Mohamad Messelmani, RN, Tele 3 Station 2 & 3, Day Shift

Stephanie Ranney, RN, CVICU, Day Shift

Carla Graf, RN, Tele 3 Station 2 & 3, Night Shift

Chung Chan, RN, CVICU, Night Shift
Are you at risk for Type 2 Diabetes?

Your chances of developing type 2 diabetes depend on a combination of risk factors. Read about risk factors for type 2 diabetes below and see which ones apply to you. You are more likely to develop type 2 diabetes if you:

- Are overweight or obese
- Are age 40 or over
- Have a family history of diabetes
- Are American Indian, African American, Hispanic/Latino, Pacific Islander or Asian American
- Have a history of gestational diabetes
- Have a low level of HDL (good) cholesterol, or a high level of triglycerides
- Have high blood pressure
- Are not physically active
- Have depression
- Have a history of heart disease or stroke
- Have polycystic ovary syndrome (PCOS)
- Have acanthosis nigricans—dark, thick, and velvety skin around your neck or armpits

You can also take the Diabetes Risk Test to learn about your risk for type 2 diabetes (on page 10).

What can you do to prevent type 2 diabetes?

You can take steps to help prevent or delay type 2 diabetes by losing weight if you are overweight, eating fewer calories and being more physically active. Talk to your health professional about your risk factors.

Source: https://www.niddk.nih.gov/health-information/diabetes/overview/risk-factors-type-2-diabetes

Congrats To Rehab Service’s Newest Clinical Specialist!

Submitted by Rehabilitation Services

Congratulations to Physical Therapist, Arvin Ner, DPT, OCS, for achieving one of the highest designations available in the physical therapy profession!

Arvin has been named as a board-certified Orthopedic Clinical Specialist (OCS) by the American Board of Physical Therapy Specialties (ABPTS). The prestigious OCS designation recognizes physical therapists who have demonstrated advanced clinical knowledge and skills in the area of orthopedics. At a minimum, therapists who receive this clinical distinction have met eligibility requirements, completed 2,000 hours of direct patient care in their area of expertise, and successfully completed a rigorous written exam.

Rehab Services applauds Arvin’s commitment to pursuing an advanced level of skill to better serve his patients. He is one of fewer than 9% of physical therapists in California with the OCS distinction!
Are you at risk for type 2 diabetes?

![Image](image.jpg)

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</table>

If you scored 5 or higher:

You are at increased risk for having type 2 diabetes. However, only your doctor can tell for sure if you do have type 2 diabetes or prediabetes, a condition in which blood glucose levels are higher than normal but not yet high enough to be diagnosed as diabetes. Talk to your doctor to see if additional testing is needed.

Type 2 diabetes is more common in African Americans, Hispanics/Latinos, Native Americans, Asian Americans, and Native Hawaiians and Pacific Islanders.

Higher body weight increases diabetes risk for everyone. Asian Americans are at increased diabetes risk at lower body weight than the rest of the general public (about 15 pounds lower).

If you weigh less than the amount in the left column: 0 points

1 point  2 points  3 points

The good news is you can manage your risk for type 2 diabetes. Small steps make a big difference in helping you live a longer, healthier life.

For more information, visit us at diabetes.org/alertday or call 1-800-DIABETES (800-342-2383).

American Diabetes Association.
November is Palliative Care (PC) month, and this year your PC team shares the theme of “It’s your life—live it your way.” One aspect of Palliative Care is facilitation of significant conversations regarding an individuals’ wishes about medical care. As we celebrate PC month, remember: it is never too early to have an important conversation about what is important to you with the people you love. Those of us in healthcare have an immediate understanding and appreciation of the precious quality of life. Let Palliative Care month be a time to think about what is important to you, and share that with those closest to you!

By providing specialized medical care focused on relief of symptoms and stress of serious illness, the Palliative Care team not only improves quality of life for patients and families, but promotes and facilitates education and support for Associates.

One of only six hospitals in California with a Joint Commission-certified Palliative Care program, PVHMC received recertification with no recommendations for the interdisciplinary team during a day-long visit on Tuesday, October 2nd. Led by Medical Director of Palliative Medicine Lisa Raptis, MD, the interdisciplinary team is comprised of a nurse—Carla Cervantes, RN, a social worker, LaVon Reilly, MSW, and a Chaplain, Rev. Elizabeth Grainger. The clinical team is supported by Administrative Assistant Andrea Smith. The Manager of Social Work, Palliative Care, and Spiritual Care Services is Jill Trojanowski, LCSW.

The team will celebrate its recertification and the support of the PVHMC family with a root beer float social on November 1st, in Women’s Center Auditorium 1 from noon to 2 pm. All Associates are welcome! Please join the PC team in celebrating the joy of life lived your way. Other activities throughout the month include a luncheon on November 19 for our surrounding Skilled Nursing and Assisted Living communities to discuss how to maximize quality of life, while supporting patient goals and preferences through a seamless transition from inpatient acute care to community settings. In addition, Dr. Lisa Raptis will provide education to the Hospitalists on Palliative Care.

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Discharge Readiness Initiative

By Gerly Leyco, MSN, RN, CCRN, PCCN, Clinical Supervisor, Tele 3 Stations 2 & 3

Ace Ibarrola, BSN, RN is an energetic, motivational leader dedicated to driving top-quality patient care and is committed to the innovative process of executing the “Discharge Readiness” initiative at PVHMC. Ace is making waves, engaging clinical nurses in the implementation of discharge readiness assessment as a standard nursing practice.

He developed an interdisciplinary tool to assess readiness for discharging patients from PVHMC. Ace is also very involved in educating the nurses on the use of Tele tracking that gives the ability to monitor dashboards and patient status in real time and provide proactive alerts (see below) to help the stakeholders make quick and accurate decisions in facilitating a safe and timely discharge.

Congratulations to you Ace, for your fantastic achievement of Clinical Level IV! It is a success you truly deserved and an achievement you have truly earned. It is our pleasure to work with someone who knows how to make a friendly and inspiring work environment. Wishing you all the best!
National Healthcare Quality & Infection Prevention Week Open House

By Silva Mirzaian, BSN, RN, HACP, Manager, Quality Management

Thank you to everyone who joined us in celebration of National Healthcare Quality & Infection Prevention Week October 21-27, 2018. We held an open house on October 22nd with fun-filled activities, including delicious treats, games, photo booth, educational information for infection prevention practices and patient safety practices. Patient Safety is our top priority!
Eli Kamrekian, CLS came to us from Loma Linda University Medical Center, Murrieta, CA. He graduated with his CLS in 2003 from Loma Linda and worked there until 2011 when he moved to the Murrieta branch as the Lab manager. When the position became available at PVHMC, he saw it as an opportunity to achieve his ambition and advance his career.

He has been welcomed into the Lab family and feels comfortable already. “All the Associates have been very welcoming and the family atmosphere here is amazing,” stated Eli.

Eli loves spending time with his wife and two small boys. His boys are three years old and eight months old. He also enjoys reading history and economic books. He looks forward to the opportunity to grow and continually improve the Lab.

*Welcome, Eli!*
Remember to greet all of our new Associates wearing a grey card under their ID badge with a friendly hello and welcome to our PVHMC Family!

- Cody Cronk, Transport Aide—Radiology
- Tracey Blanco, Lab Assistant—Laboratory
- Brandon Hudson, Desktop Engineer—IS
- Sergio Magana, EVS Assoc. II—NICU
- Josephine Camil Bulseco, Clin Nurse II—Tele 3
  - Fong Yang, Clin Nurse II—Tele 3
  - Mandi Myers, Clin Nurse II—4 Central
- Michelle Atanacio, Clin Nurse II—OPP Surgery
- Sarah Kristina Tabayoyong, Scientist—Laboratory
- Britney Manuel, Echo Tech—Non-Invasive Cardio
  - Timothy Hanes, Resp. Care II—Respiratory
  - Michael Mendez, Resp. Care II—Respiratory
- Merceades Green, Speech Therapist, Physical Therapy, Claremont
- Bernice Hamilton, Food Service Assoc.—Food & Nutrition Services

- Salvador Rubio, Hosp Desk & Parking Ambassador—Security
- Francisco Palacios, Officer—Security
- Moises Quevedo, Officer—Security
- Maria Mota, EVS Assoc. I—EVS
- Alejandra Nava, EVS Assoc. I—EVS
- David Zaren, EVS Assoc. I—EVS
- Jennifer Gomez, Supervisor—EVS
- Jazmin Campos, Assistant/Receptionist—Claremont Primary Health Care
- Nai-Hsuan Li, Pharmacist—Pharmacy
  - Daniel Arvizu, Officer—Security
  - Noel Barrios Morales, Officer—Security
  - Lisandro Moreno, EVS Assoc. II—EVS
  - Dianna Hall, Coder, Satellite Central Billing
Several Associates from Pomona Valley Hospital Medical Center attended the California Hospital Association’s “Disaster Planning for California Hospitals” conference held in September 2018 in Sacramento, California.

Steve Storbakken, Director of Emergency Preparedness and Environmental Safety, presented “15 ‘til 50 Mass Casualty Incident Response for Small Hospitals and Clinics.”

The conference covered various topics from Wildfires, Hurricanes, Cyber-attacks, Ebola, Pediatric Black Swan, Workplace Violence to Mass Casualty Shootings.

Joining Steve at the conference were Judy Sanchez, Michelle Walsh and Bren Clark, who are also members of the Emergency Preparedness Committee.

Professional Development Council Awards Nurses

The Shared Governance Professional Development Council (PDC) awarded the following Nurses with a $25 Target gift card. They completed a CE Direct/OnCourse Focused Session. These nurses have shown a commitment to their personal growth and professional Development by completing these more challenging and demanding courses. Each Department’s manager awarded these nurses with the gift card and a flyer from the PDC to support their education and to encourage others.

**ICU1:** Maria Cordon, Julie Ford, Katie Hade, Marion Tanchoco

**Sweet Success:** Lisa Sanchez

**NICU:** Maria Palacios (x5)

**Pediatrics:** Diane Castillo (x2), Riki Blanchard, Carla Davis, Jennifer Hinson

**DOU3—Tele 3 Station 1 & 2:** Melodie Manela, Sandra Mazzei, Angeline Ramos

**ED:** Michelle Fosdick, Aiida Grant, Rosalynda Del Valle

**Day Surgery:** Kai Ling

**PACU:** Georgia Papoutsakis

**DOU6—Tele 6:** Yosaira Montoya, RN

**GI Lab:** Magdalena Lopez

**ICU2:** Zhaofei Liu

**Observation:** Elizabeth Kurtz, Jacqueline Castillo (x2)
Submitted by Rufus Roney, CICU—The happiest man in the world!

Well God bless you, my beloved, and may all the earth be blessed because of you! I love my PVHMC family! There’s just something special about each of you! Welcome to the beautiful month of November! In 1863, President Abraham Lincoln signed into law a day of thanks giving and to praise God for the family. It’s no wonder Lincoln is considered one of the greatest Presidents in American history, and considered one of the great men of earth. He knew how to send the praises up and the great God of heaven sent the blessings down.

For me, Thanksgiving is being thankful for anything and everything that is in my life. The legendary Bob Marley sang it best, ‘Don’t worry about a thing, cause every little thing is going to be alright.’ No worries! (lol).

One person asked me, “How can you be thankful when there is just so much chaos/pressure in the world, and you’re trying to just keep a lid on everything just to hold it all together?” Let’s look into this wonderful question and have some fun!

Chaos/pressure is another way to write… Opportunity! Some of the greatest inventions of mankind came out of the chaotic pressure of the times. Let’s take us, for example. God has blessed each of us with amazing abilities. Look at it this way, you are not just here on earth, you are a gift to the world! Every one of us has a purpose; your purpose might be different than mine but it all works together, like red beans and rice. (lol)

When the world was trying to find a better, more efficient way to travel, the pressure brought out the gifts of Henry Ford to introduce the automobile. He said, “When everything seems to be going against you, remember that the airplane takes off against the wind, not with it.” He also said, “You can’t build a reputation on what you’re going to do.” When the world needed better light to see things more clearly, the chaos and pressure brought out the gifts of Thomas Edison to invent the light bulb, and during this process that was seemingly rich with chaos and pressure, he tirelessly continued.

One day Walter S. Mallory watched him work and said, “Isn’t it a shame that with the tremendous amount of work you have done you haven’t been able to get any results?” But thank God for naysayers, we need them! (lol) It works well that pressure will bring out the deep substance of excellence in us. It’s actually a compliment! The next time you run across a naysayer, and we all have them (or have been one ourselves), it’s amazing when they beat the odds? We had them down for the count, we passed over them thinking they would fail.

But I remember Og Mandino once said, in his masterpiece book called The Greatest Salesman in the World, “Failure will never overtake me if my determination to succeed is strong enough.” In other words, I’m going to stay at it until I win! I refuse to give up! God has put a gift inside of you that must be birthed to the world! Nobody can do it like you can do it! So even though Walter S. Mallory criticized Thomas Edison, who made more than 10,000 attempts to produce light Edison turned and smiled – now that’s powerful. He just smiled at his critic. Could you do that? Of course you can! He didn't fire back with an insult. He did not come down to Walter's level or throw a bulb at him! (lol) He said to Walter, “Results! Why man, I have gotten lots of results! I know several thousand things that won't work!

May I share a little more with you? If you take a tube of toothpaste and hold it in your hand, what will bring the nurturing toothpaste out? What if you hold it upside down, will that work? No, but if you apply pressure and squeeze it, ahhhh now the toothpaste comes out wonderfully, but only under pressure. As the great coaches always say, “no pain – no gain.” With no pressure, the toothpaste stays put. Pressure frees the gift in you, which was needed by the world. It’s a temporary inconvenience but it's the only way to make it come out.

Remember, opportunity always knocks. (lol) Here at PVHMC, it’s not the job that we do that’s so awesome; it’s the opportunity we have created for our Hospital due to our LOVE for our patients. Have a glorious month of November and thanks for coming to work today.
Andrew Dire works in Finance as the Decision Support Project Coordinator. He has worked at PVHMC for 2 1/2 years.

He loves working here because he is a people person who enjoys helping people understand about numbers and the budgeting process. He hopes to help as many people as possible at PVHMC.

Andrew loves playing board games and playing with his 2 1/2-year-old daughter, Audrey. You would be surprised to know that Andrew has poor coordination and types on the keyboard with two fingers—the old “hunt and peck” method!

Betty Gomes works in the Medical Staff office as a Medical Staff Assistant. She has worked at PVHMC for 2 years.

She loves working here, because she works with a good team of people in the Medical Staff office. She hopes to become a Certified Credentialing Specialist.

Betty is a busy mom of three boys ages, 12, 9 and 3. She spends lots of time attending their activities at a sports park. You would be surprised to know that Betty coaches soccer, speaks fluent Portuguese and plays guitar and sings with a Portuguese band at festivals!

Jeff MacKenzie, BSN, RN works in the Education Department as the Simulation Specialist. He has worked at PVHMC for 13 years.

He loves the teamwork here and that his job keeps him learning a lot so he can train others. By building the skills of others, he makes an impact on patients’ lives.

Jeff loves Hockey, the ocean, hiking and all things outdoors. He loves teaching his 10-year-old son (who was born here) how to camp. You would be surprised to know that Jeff speaks fluent French, as he was born in Montreal, Canada!
FRIENDLY REMINDER!
PTO Cash-out Election for May 17, 2019

If you are interested in cashing out PTO for May of 2019, the link to cash out your PTO will be available through Launchpad from November 2nd through November 30th.

Requirements:
If you are a Full-Time Associate, you can cash out a maximum of 40 PTO hours (must have more than 80 hours in your PTO bank).

If you are a Regular Part-Time Associate, you can cash out a maximum of 20 PTO hours (must have more than 40 hours in your PTO bank).

If you are getting close to your PTO maximum – cash-out some PTO!
Gratitude at Thanksgiving

By Elizabeth Grainger, Palliative Care Chaplain

November is National American Indian Heritage Month, and a time to remember the indigenous Americans who celebrated the first Thanksgiving with those early American immigrants, the Pilgrims. The Thanksgiving Address is the central prayer and invocation for the Haudenosaunee (also known as the Iroquois Confederacy: the Mohawk, Oneida, Cayuga, Onondaga, Seneca, and Tuscarora). The Haudenosaunee open and close many personal, social, and spiritual meetings with the Thanksgiving Address. For many in this group, the prayer may be a way to begin and end their day. In this way, they express their profound gratitude for every aspect of life and creation, and for the inter-being of all.

In the prayer, those gathered are given respect and gratitude, as is Mother Earth, the stars, the sun, the moon, the animals, the plants, the trees, the four winds—and more. As one by one all of the precious aspects of the creation are recognized, the prayer turns to the Creator:

Now we turn our thoughts to the creator, or Great Spirit, and send greetings and thanks for all the gifts of Creation. Everything we need to live a good life is here on this Mother Earth. For all the love that is still around us, we gather our minds together as one and send our choicest words of greetings and thanks to the Creator. Now our minds are one.

As we gather together with those we love this Thanksgiving, we may ponder what it is that makes us feel love, gratitude, and connection. In speaking of early celebrations, President John F. Kennedy said that, “Over three centuries ago, our forefathers in Virginia and in Massachusetts, far from home in a lonely wilderness, set aside a time of thanksgiving. On the appointed day, they gave reverent thanks for their safety, for the health of their children, for the fertility of their fields, for the love which bound them together and for the faith which united them with their God.” Although times have changed, many of our concerns remain very similar. For many of us, the health and well-being of ourselves and those we love, the ability to provide for our families, a connection with our faith, and a sense of unity with friends and neighbors, continue to be of deepest importance. And for all of these gifts, we feel a profound sense of gratitude.

No matter how you plan to celebrate Thanksgiving, or what makes you feel most grateful, developing a relationship of appreciation and gratitude can be good for your health, happiness, and well-being. As we celebrate Thanksgiving this year, you may want to ask yourself what you are truly thankful for…and how you can continue to share that sense of grace and appreciation with those around you.

For more resources on spirituality, please call on the Chaplains at Spiritual Care Services. We are thankful for you! Our department is an interfaith service designed to provide spiritual care, while respecting and supporting the needs of our religiously, culturally, and spiritually diverse community. Please phone 909.469.9305, or page the Chaplain on call at 5904 (available Monday - Friday, 9 am-5:30pm). We are available to serve the spiritual needs of the entire PVHMC family and we look forward to hearing from you. Remember, we are here to support YOU.

November Holidays

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<td>Dia de los Muertos (Day of the Dead)</td>
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<tr>
<td>1</td>
<td>All Saints’ Day</td>
<td>Christian</td>
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<td>2</td>
<td>All Souls’ Day</td>
<td>Christian</td>
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<td>Coronation of Emperor Haile Selassie I</td>
<td>Rastafarian</td>
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<td>8</td>
<td>Diwali/Deepavali (Festival of Lights)</td>
<td>Hindu, Jain, and Sikh</td>
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<td>Bandi Chhor Divas (“The Day of the Prisoner’s Release” Festival)</td>
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<td>Mahavira Nirvana</td>
<td>Jain</td>
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<td>Day of Enlightenment of Lord Gautam wami (New Year)</td>
<td>Jain</td>
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<td>Birth of the Báb — Bahá’í</td>
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<td>Birth of the Bahá’u’lláh — Bahá’í</td>
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<tr>
<td>19 or 24</td>
<td>Mawlid al-Nabi (Birth of Prophet Muhammad)</td>
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<td>22</td>
<td>Presentation of the Blessed Virgin Mary</td>
<td>Christian (Catholic churches)</td>
</tr>
<tr>
<td>25</td>
<td>Christ the King Sunday</td>
<td>Christian</td>
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"Gratitude is not only the greatest of virtues, but the parent of all others." — Marcus Tullius Cicero
Auxiliary Raises Funds Year Round

By Tami Barto, Manager, Marketing and Communications

One of PVHMC’s greatest strengths is our Auxiliary and Volunteers. They support the Hospital in so many different ways, like managing the Tender Touch Gift Shop. Did you know the Auxiliary raises an average of $100,000 a year for the Sick Baby and Hospital Assistance Fund?

This Fund provides equipment, educational supplies and materials for the NICU and Peds. They also support the “Care-A-Van” program, which provides free van transportation between the high desert and PVHMC for disadvantaged mothers and families with babies in the NICU.

The Fund also helps support families who need assistance paying medical bills, provides clothing for ED patients, provides car seats for new babies born at the Hospital when the parents can’t afford one and gives college scholarships to Hospital student volunteers studying to enter the medical field. Last year, the Auxiliary purchased a shuttle to transport families with children between Hospital parking lots and entrances.

The Auxiliary raises funds through the gift shop, annual fundraising events, memorials and donations. “We’re honored to uphold the same goals that were created when the Auxiliary was established 81 years ago; to support the Hospital through volunteer service, fundraising and community assistance,” said Pat Holt, Auxiliary President.

Every purchase you make at the Tender Touch Gift Shop helps support our Hospital and our patients! Buy a gift, buy yourself a little something, get a candy bar – it all helps towards a great cause – PVHMC! Shop ‘til you drop!
American Red Cross

Pomona Valley Hospital Medical Center
Blood Drive
Friday, November 9, 2018
7:00 am - 7:00 pm
1798 N. Garey Avenue, Pomona, CA 91767
Held in Pitzer Auditorium | Check-In at Main Lobby | Open to the public

The American Red Cross is providing a free t-shirt to each donor! PVHMC will host a raffle for themed-gift baskets, as well as Starbucks and Target gift cards!
*While supplies last. Must complete blood donation process to receive promotional items.

To schedule an appointment, please log onto RedCrossBlood.org and use sponsor code: PVHMC.
Streamline your donation and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.

crossblood.org | 1-800 RED CROSS | 1-800-733-2767

Download the Blood Donor App today!
Rehab Services Serves Up Wellness, Education, and Fun on Casino Night!

Submitted by Rehabilitation Services

Rehab Services Wellness members were feeling lucky at the second annual Wellness Appreciation Dinner in October. As a part of Rehab’s ongoing efforts to improve community education and promote wellness, members from our Aquatic Wellness, Cardiac-Pulmonary Wellness, and Gym Wellness programs were invited to Pitzer Auditorium for a “Casino Night” themed affair.

Guests were treated to a delicious meal provided by “Vince’s Spaghetti,” a complimentary caricature portrait by artist Joseph Torres, a front row seat to our very own “Wellness Version” of Family Feud, plus lots of prizes! Thank you to all Associates who helped make the event a success – Cecilia Silva, Keshonna Herndon, Gloria Galvan, Oliver Grages, Tammy Magill, Sara Rubio, Beth Bletcher, Joe Baumgaertner, and Peggy Mata.

Rehab’s Aftercare & Wellness programs are designed to help their members stay well and healthy! We offer Aquatic Wellness, Cardiac-Pulmonary Wellness, Gym Wellness, and Massage Wellness. Although supervised by rehab staff, these programs are not formal rehabilitation, but instead focus on an individual’s general health and fitness. Participants are most often rehab patients who would like ongoing “aftercare” support while transitioning to an independent fitness program; however, anyone may join and become a “Wellness” member. All Wellness programs are cash pay and require a clearance from a physician before enrolling. For more information about our Aftercare & Wellness Programs, call Rehab Services at 909.865.9810.
$25 Gift Card Winners:
Deyri Ayala, Human Resources
Delia Bortis, LDRP
Alberto Cisneros, PVHC La Verne
Lina Day, LDRP
Olivia Deguzman, Tele 3
Cathy Delay, Volunteer
Joe Dominguez, Facilities
Joyce Ervin, LDRP
Jeff Garcia, CVICU
Carmen Gonzalez, PVHC Chino Hills
Pat Green, NICU
Ping Han, Tele 6
Maricela Hernandez, Med Surg 4
Brandon Hudson, IS
Wanda Johnson, NICU
Lourdes Jose, LDRP
Rebecca Kaepp, Radiology
Toni Leathears, Volunteer
Daniel Lindahl, Facilities
Garret Lopez, IS
Yosaira Montoya, Observation
Veronica Perez, Med Surg 4
Michelle Prestin, ICU
Tomasa Sandoval, EVS
Jeff Walker, Surgery

Congratulations to all of our Star Associates who went above and beyond in living our Value of Customer Satisfaction!

Reminder: If you received recognition but were unable to attend the breakfast on October 17th, please join us in the future! Your invitation never expires!

The next breakfast will be Wednesday, December 19th, at 7:30 am in Pitzer Auditorium.

Please feel free to contact me at any time with questions! Thank you, Leigh Cornell x7785.

$100 Gift Card Winners—Quarterly Nominees:
Mauricio Ceja-Abacar, PVHC Claremont Urgent Care
Scott Cox, Facilities
Samantha Day, CCC
Kathy Yeatman-Stock, CCC
Brittany Webb, Finance/Capitation

Centerpiece Winners:
Doug Bong, Facilities
Chung Chan, CVICU
Lina Day, LDRP
Yolanda Hermosillo, PVHC La Verne
Alice Lopez, HIM
Christopher Mills, CVICU
Yosairia Montoya, Observation
John Mursa, Facilities
Ana Parra, PVHC Claremont
Edmundo Poblete, Tele 3
Alfred Portuguez, IS
Carrie Rowland, NICU
Michelle Sprague, Surgery
Helen Tran, PVHMC La Verne
Aileen Yeung, Human Resources

Quiz Winner:
Michelle Sprague, Day Surgery

If You Have...Game Winner:
Garret Lopez, IS

If You Have...Game Winner:
TB Screening Reminder

The Departments listed below are due for TB screening during the month of November. Compliance by November 30th is mandatory to avoid disciplinary action. There is NO grace period for TB Compliance! All Associates are due by month end to avoid suspension for non-compliance. Associates may report to the OHS Clinic (4th floor) during the day/hours of:

**Monday, Wednesday & Friday**
7:30 am—4:30 pm
**Tuesday & Thursday**
8:30 am—4:30 pm
(closed for lunch from 12:30—1:00 pm)

Night shift/After-hours & Weekends/Holidays contact the Nursing Administrator Supervisor on duty.

- Cardiac Wellness
- Physical Therapy
  - PT Montclair
  - PT Claremont
  - PT Chino Hills
  - PT West Covina
- Speech Therapy
- Occupational Therapy
- Social Services
- Security
  - EVS
  - Plant Operations
  - Bio-Med
  - Eligibility Services
  - Physician Billing
  - Admitting North
- Insurance Eligibility Verification
- Admitting South
- ER Admitting
- Verification-on-Site
- Patient Access Services
- Clinical Pastoral Education
- Cancer Registry
- Utilization Management
- Quality Management
- Infection Control

Happy Birthday Digna Sanchez-Moreno (11/16)!
- Third floor OPP friends

Happy Birthday, Stephanie Ramirez!
- Yesenia Khattak, CIC

If you want to do a “shout-out” email tami.barto@pvhmc.org and it may appear in next month’s newsletter!

Deadline for December Newsletter is November 20th!
Please have your Manager/Supervisor OK your submission.
Send all submissions to tami.barto@pvhmc.org