



*Expert care with a personal touch*

**Identical Twins Born Six Weeks Premature Are Happy, Healthy and Thriving at Age Three  
*Pomona Valley Hospital Medical Center Provides Advanced Care for its Tiniest Patients***

Finding out you are going to have a baby for the first time is arguably the most exciting and impactful news you will ever hear. For Cindy Kang Ramirez and her husband, Raul, there was double the anticipation; they were going to have identical twin boys.

Mrs. Ramirez was 42 years old when she became pregnant, which classified her pregnancy as high-risk. This made it even more vital for her to get expert prenatal care for her unborn twins.

"I was considering another hospital when I got pregnant but decided on Pomona Valley Hospital Medical Center (PVHMC) just in case my newborns needed care in a Neonatal Intensive Care Unit (NICU)," she said. "I had read that the PVHMC NICU was excellent."

On January 24, 2013, Cindy went in for her 34-week check-up with her perinatologist at PVHMC. During the appointment, doctors took a sonogram to measure the babies' growth and found that their heads were no longer growing. This was a major concern for the doctors and they called for a Cesarean section later that same day.

Cindy remembers the NICU doctor being in the operating room before and after the Cesarean section, ready to rush the twins to the NICU after they were born. The surgery went flawlessly and the babies, Noah and Niko, arrived into the world breathing on their own. The proud parents were able to hold their newborns for a minute before they were moved to the NICU.

Cindy experienced post-partum hemorrhaging and had to rest and regain strength for a few days before she was able to see her boys in the NICU. Weighing about 3.5 pounds each, the boys were so tiny that Cindy was afraid she might hurt them. But the NICU team assured her that she and the babies were going to be fine.



*Niko and Noah in the NICU and at three years old.*

“The nurses were so reassuring and comforting the entire time,” she said, “They provided regular updates on my boys’ progress. It made all the difference after such an intense birth experience.”

Today Niko and Noah are three years old and are happy, healthy, strong and active boys. Life is far from dull in the Ramirez household, with two toddler boys running around and keeping Cindy busy, and they are just one of many families that have been touched by the hard work and compassion in PVHMC’s NICU.

To learn more about the exceptional care PVHMC’s NICU provides, visit [https://www.pvhmc.org/#Neonatal\\_Intensive\\_Care\\_Unit](https://www.pvhmc.org/#Neonatal_Intensive_Care_Unit)