### Surgical Therapy for Cardiovascular Disease

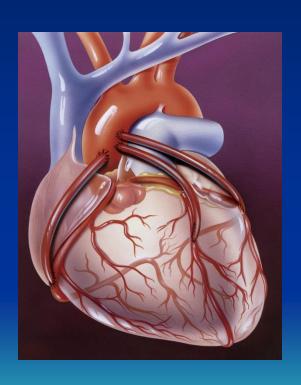


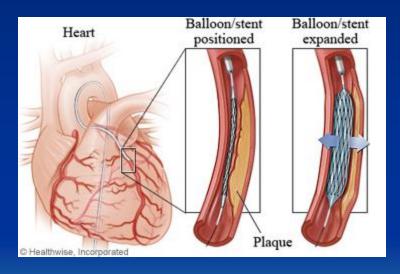
Guangqiang Gao, MD
Cardiothoracic Surgery
Pomona Valley Hospital Medical Center

## Newest trends in cardiovascular surgery

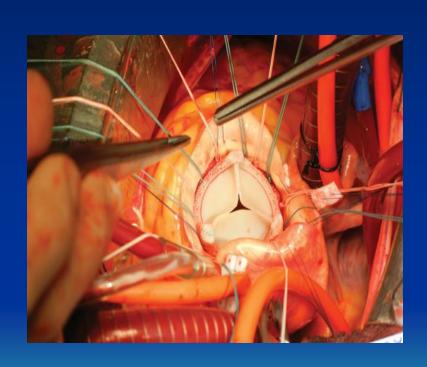


## Coronary artery disease





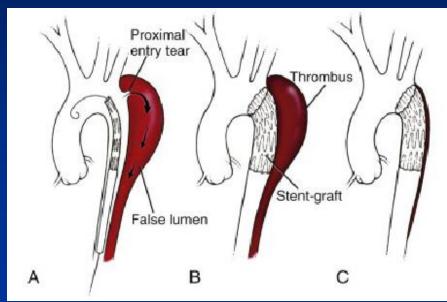
## Heart valve disease





## Aortic dissection





### Question?

- What is the destination of cardiac surgery?
- Will it be developing or declining?

# Introduction to cardiac surgery program PVHMC



# Cardiac Surgery at Pomona Valley Hospital Medical Center

- Providing nationally-recognized cardiovascular health services
- Recognized by healthgrades as top 10 percent in the nation for cardiac surgery
- Received awards in 2018
  - Cardiac surgery excellence award
  - Five-star rating for coronary artery bypass surgery





# Cardiac Surgeon Three-procedure profession

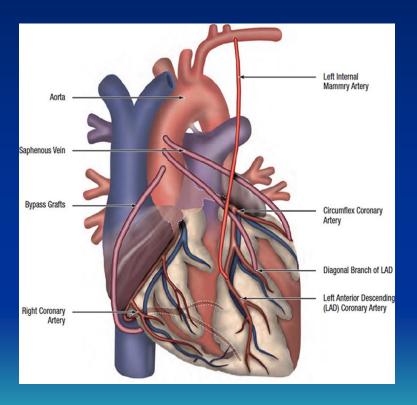
- 1. Coronary artery bypass grafting surgery
- 2. Heart valve replacement vs. repair
- 3. Aortic aneurysm/dissection -Repair

# Cardiac surgeon A plumber



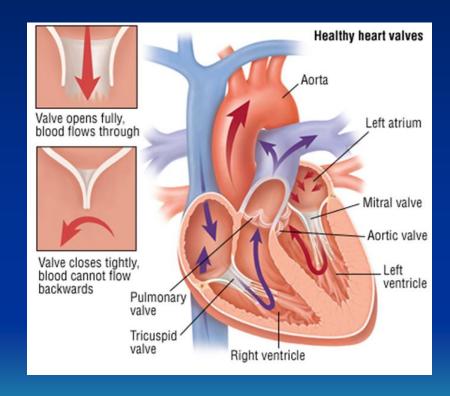
## CABG



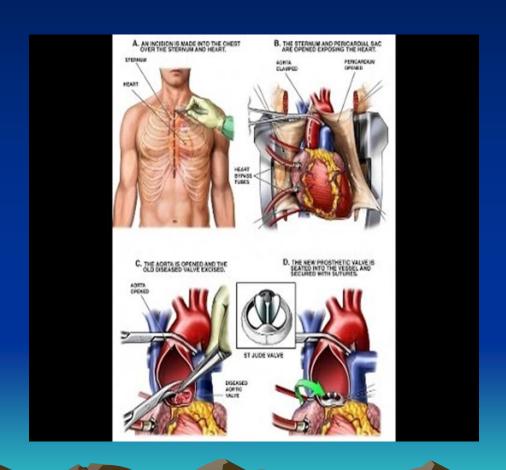


## Heart Valve Replacement / repair





## Aortic Valve Replacement



## Aortic dissection repair

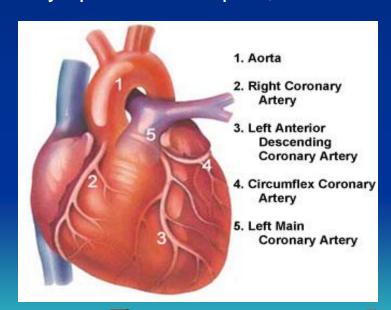




# Coronary Artery Disease (CAD)

## Coronary artery disease

- CAD is the most common type of heart disease
- Leading cause of death in the United States
- Plaque builds up and narrows the coronary arteries, decreasing blood supply to the heart
- Symptoms: chest pain, shortness of breath, heart attack, sudden death





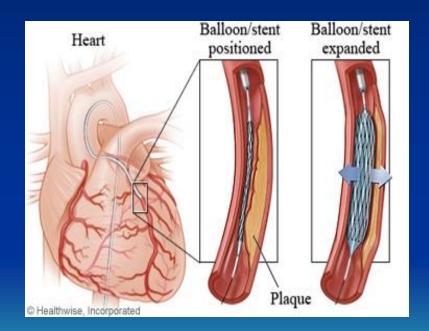
### Cardiac catheterization





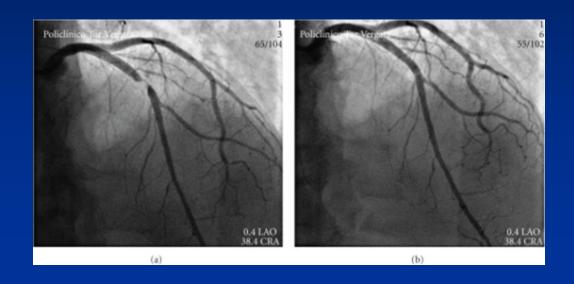
#### Treatment option

Percutaneous coronary intervention (PCI)-Stent placement



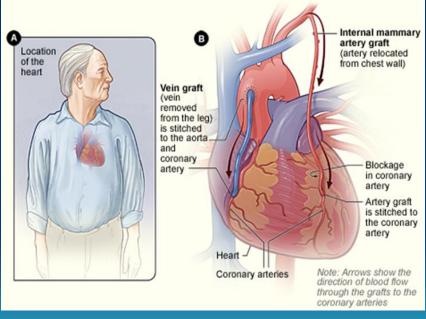






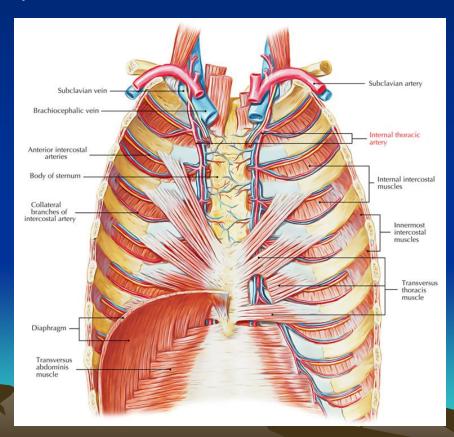
#### Coronary artery bypass grafting surgery (CABG)

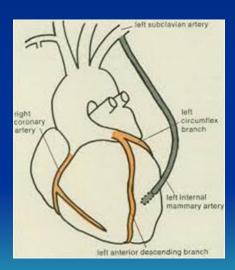




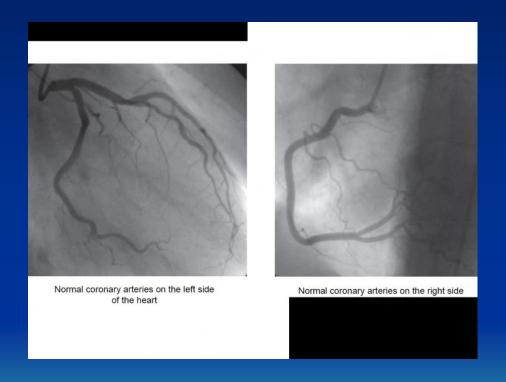
## History of CABG

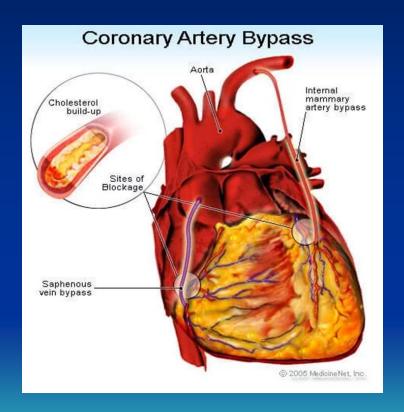
- Pre-cardiac catheterization time
- Attempt to treat ischemic heart disease started in 1950s: implantation of IMA to myocardium in 1950





#### Not successful until cardiac catheterization in early 1960s





#### Great advances in 1970s. Conduit developed: IMA, SVG, Radial artery



#### **Arterial Grafts for CABG**

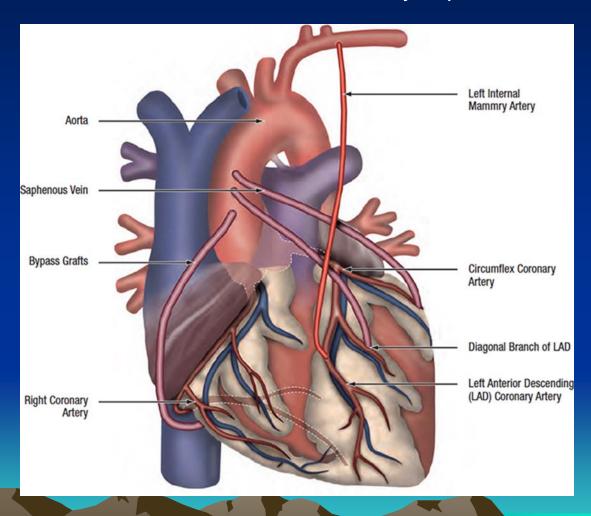
Internal Mammary Artery



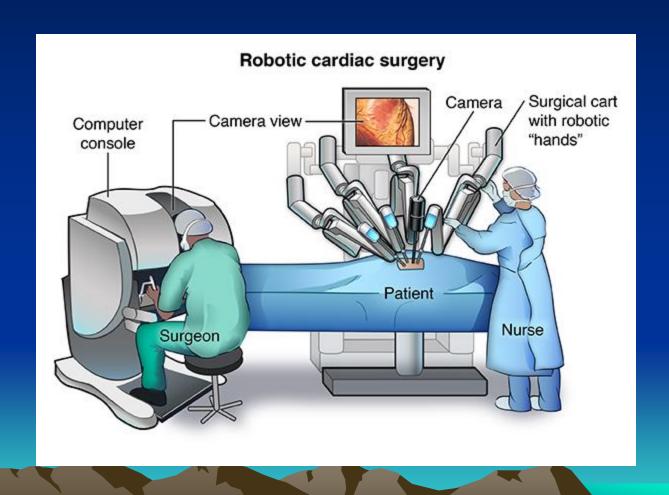
**Radial Artery** 



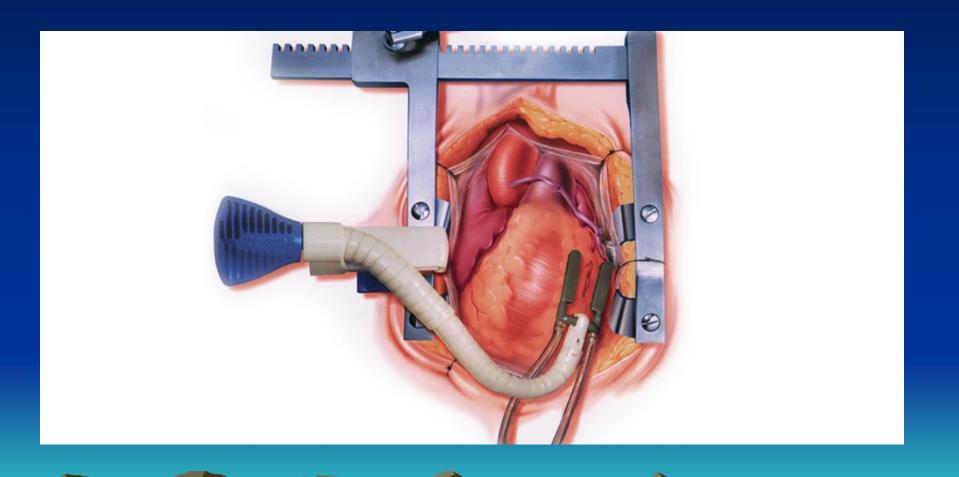
#### 1980s Prevalence of CABG increased and safety improved



#### 1990s New techniques: Minimally invasive approach, robotic assisted surgery



## Beating Heart CABG

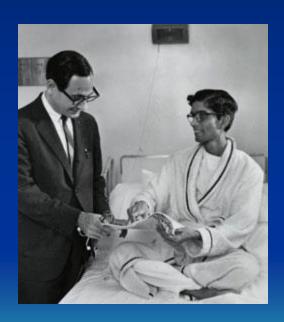


#### Outcome of CABG

- Operative mortality
- Improved LV function
- Improved life quality
- Improved survival
- Importance of Postoperative care

### Heart valve disease

The first successful heart valve replacement in 1960 by Dr. Albert Starr

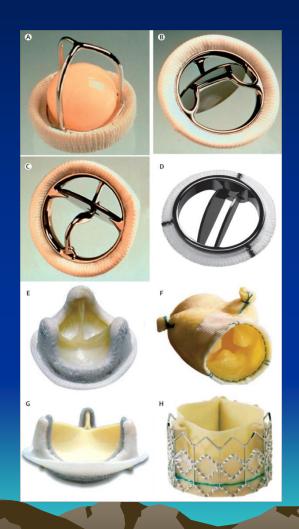




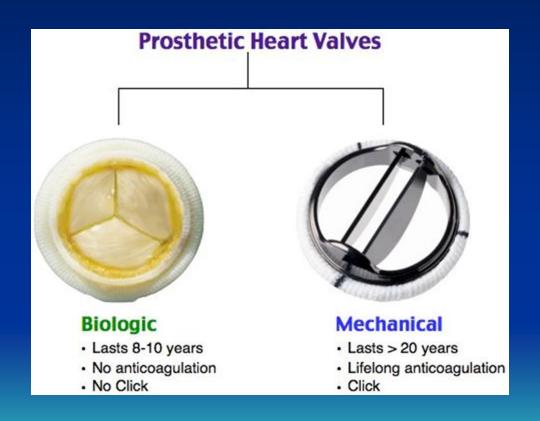




# Type of Artificial Heart Valve



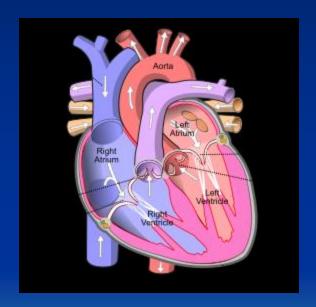
## Main type of heart valve prosthesis

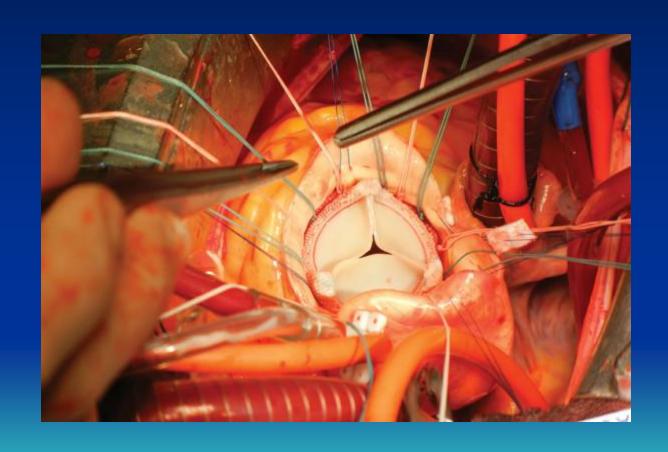


#### Aortic Valve Replacement

#### Indication:

- Aortic valve stenosis
- Aortic valve insufficiency
- Aortic valve endocarditis

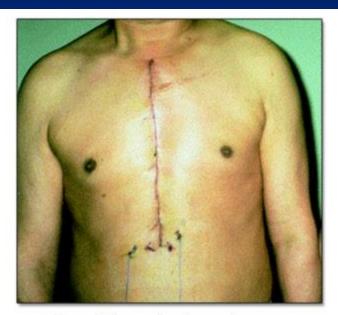




# Minimally invasive AVR



Minimally invasive aortic valve replacement



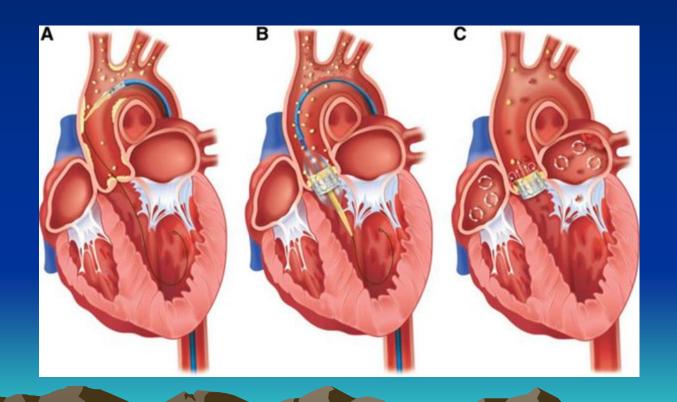
Traditional sternotomy

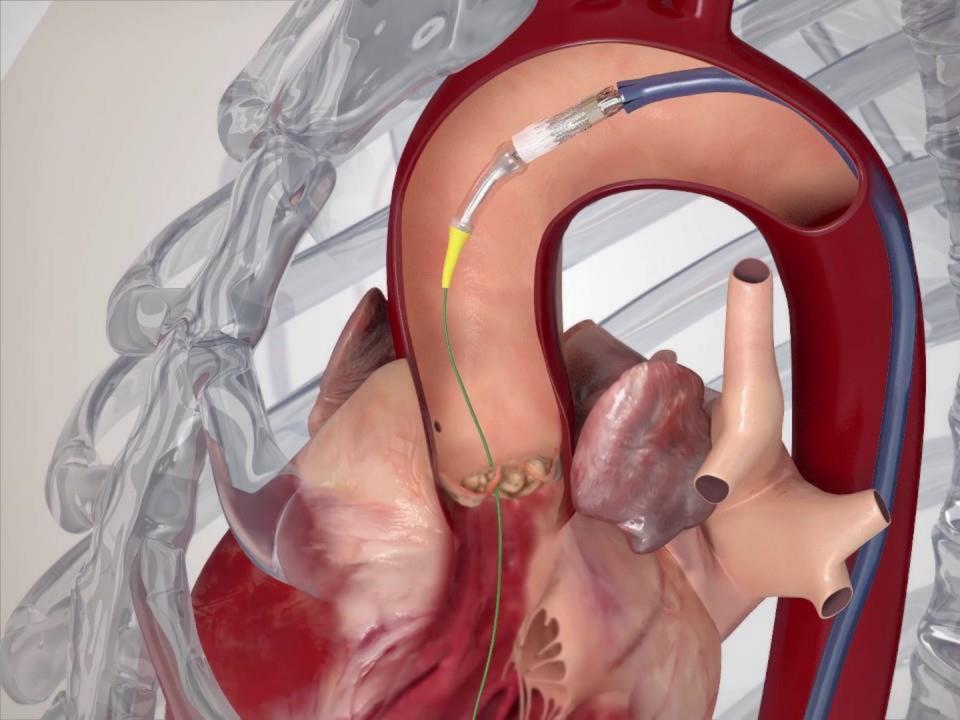
# Advantage of minimally-invasive approach

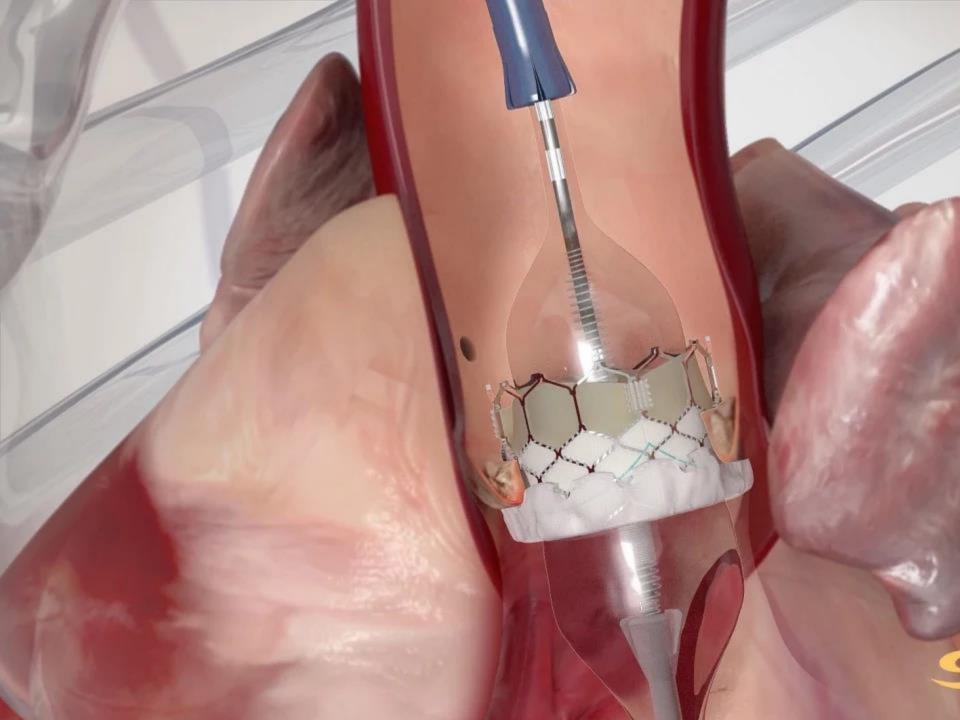
- Less blood loss
- Less pain after surgery
- Short ICU stay
- Short hospital stay
- Quick recovery
- Low incidence of sternal wound infection
- Cosmetic

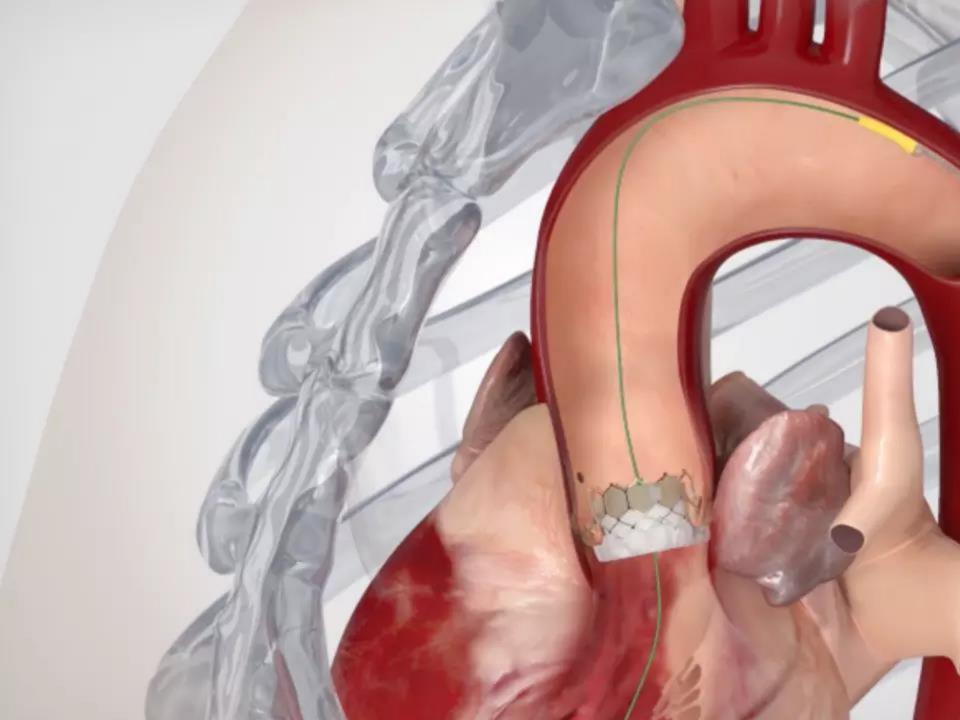
### Transcatheter Aortic Valve Replacement (TAVR)

FDA approved for moderate to high risk patients undergoing open heart surgery











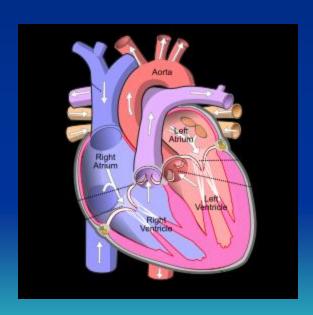
# Advantage of TAVR

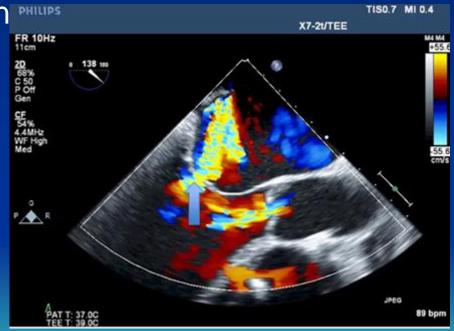
- No need of open heart surgery
- Short operating time
- Less blood loss
- Less pain after surgery
- Quick recovery
- Long-term outcome?

### Mitral valve repair

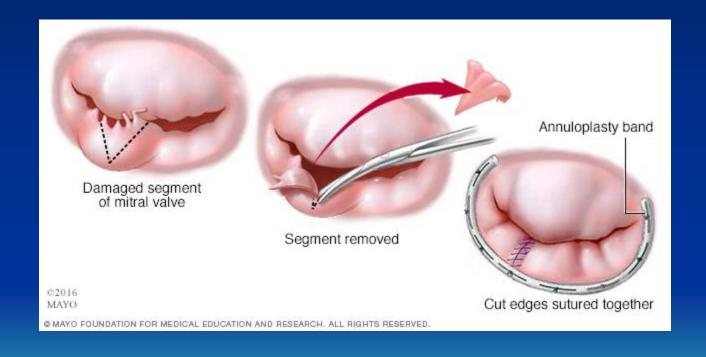
- Indication:
  - Mitral valve stenosis

Mitral valve regurgitation

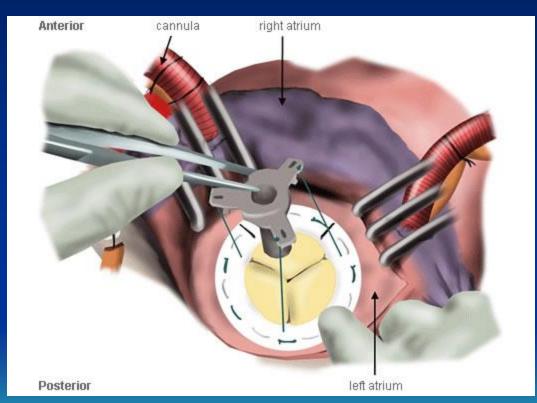


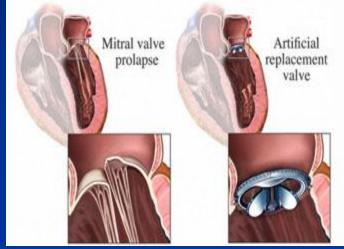


# Mitral Valve Repair

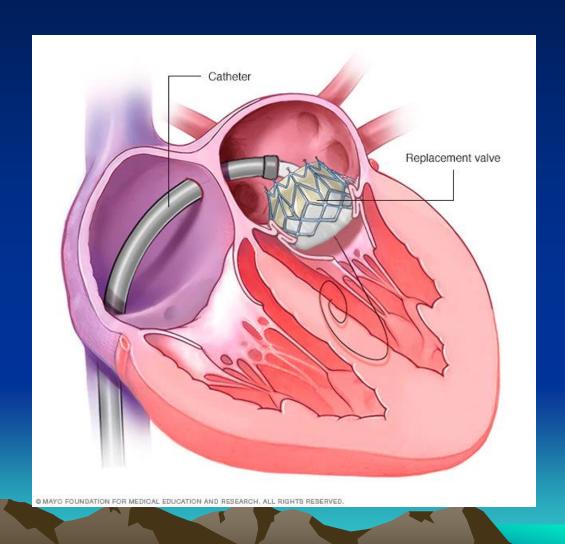


# Mitral Valve Replacement

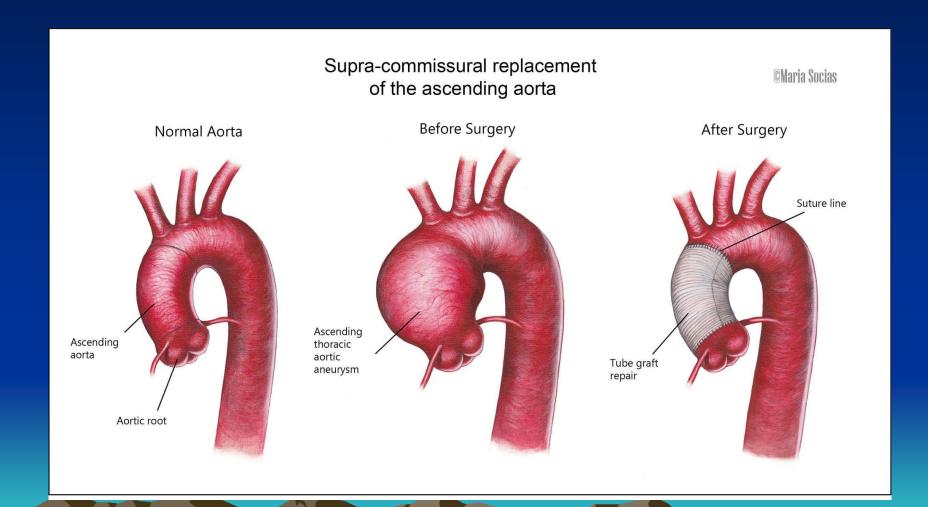




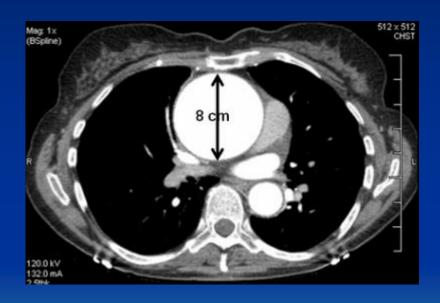
# Transcatheter Mitral Valve Replacement



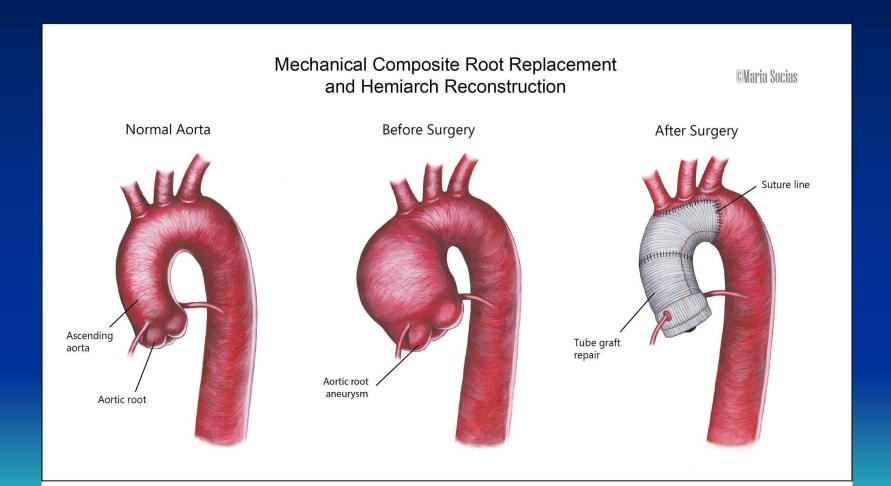
# Aortic aneurysm



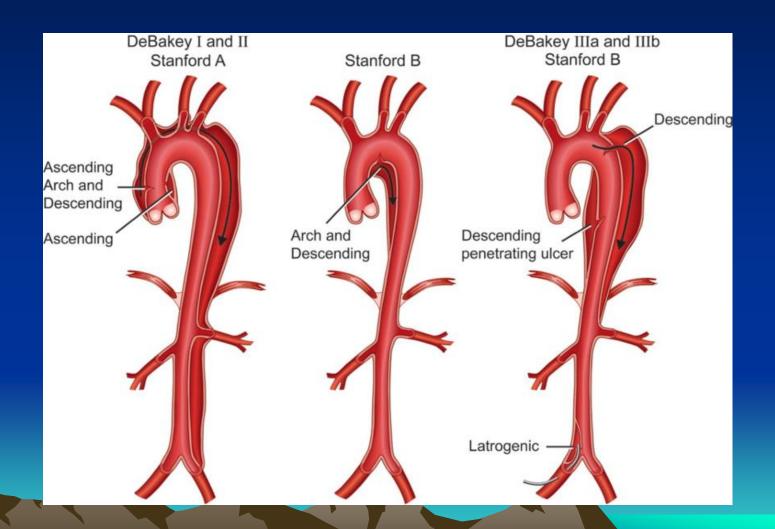
# Aortic aneurysm



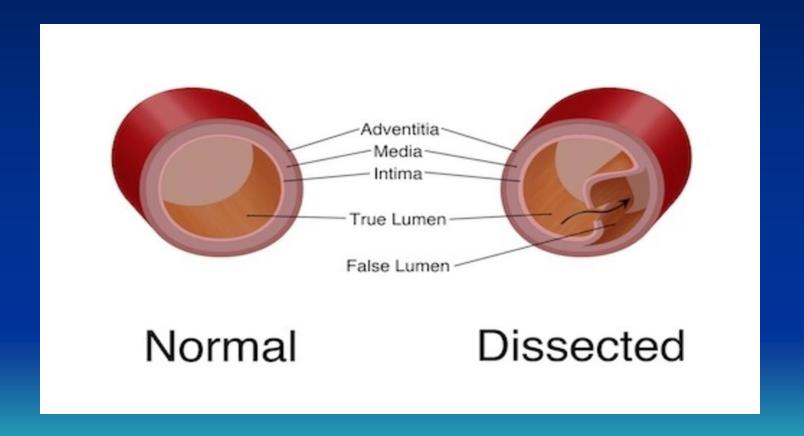
## Aortic Root Aneurysm



#### Aortic dissection

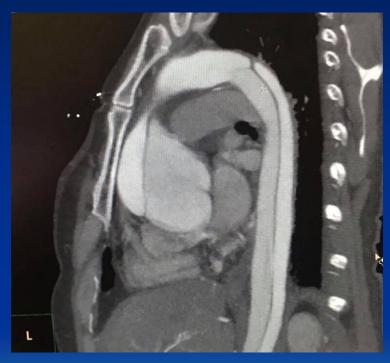


### **Aortic Dissection**

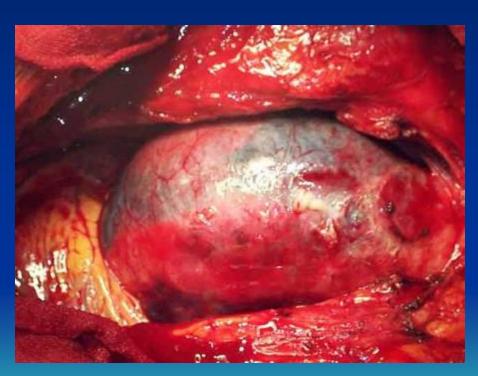


# Type A Aortic Dissection





# Type A Aortic Dissection





### Type B Aortic Dissection

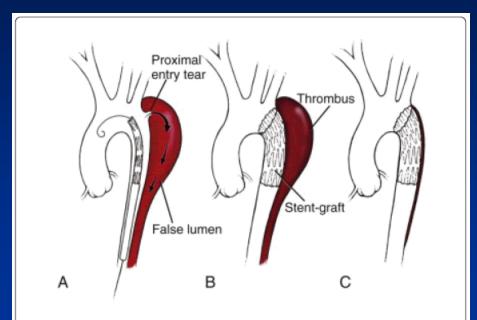
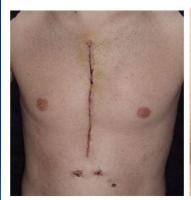


Figure 6: Illustration of the steps in endovascular repair of a descending aortic dissection associated by an expanding false lumen: (A) An endograft is advanced to cover the proximal entry site, (B) sealing of the entry site leads to halting of antegrade blood flow and thrombosis of the false lumen, (C) subsequent remodeling of the aorta due to expansion of the true lumen and shrinkage of the thrombosed false lumen. (Reprinted with permission, Elsevier Inc.).

#### **Sternal Wound Care**

- Superficial Sternal wound infection
- Deep sternal wound infection



Average Post-Op Incision



Superficial Sternal Wound Infection



Deep Sternal Wound Infection Mercy

#### **Sternal Wound Care**

- Wound culture
- Chest CT scan
- Start wide spectrum of antibiotics
- ID consultation
- Surgical debridement

# Summary

# Challenge of Cardiac Surgery

#### Coronary artery disease

- CAD is more and more treated with stent placement
- Surgical candidate is more complex, more demanding in good surgical skills
- The outcome of CABG in patients with multi-vessel disease, diabetes, decreased systolic function is better than that of PCI

# Challenge of Cardiac Surgery

#### Heart valve disease

- Tissue valve is more widely used than mechanical prosthesis
- The outcome of mitral valve repair is better than mitral valve replacement
- Transcatheter heart valve replacement is the future of all heart valve replacement

# Challenge of Cardiac Surgery

#### Type A Aortic dissection

- -Emergency repair is the mainstay at present
- -Endograft treatment is under investigation

#### Type B Aortic Dissection:

- -Medical management
- -Endograft or Surgical treatment for complicated dissection

# Where will cardiac surgery go?

#### Minimally invasive procedure:

- Robotic assisted procedure
- Endograft
- Transcatheter valve

## Will Open Surgical Procedure be Necessary?

Yes

#### In deed of skilled surgeon

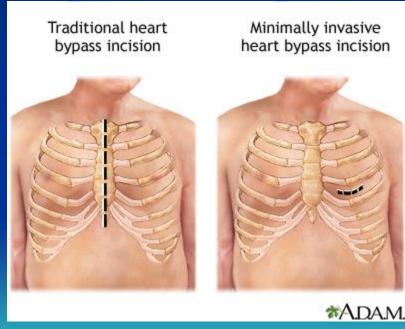
- Redo procedure
- Failure of transcatheter valve placement
- Failure of endograft procedure
- Enodocarditis

**Training** 

# New Trend in Cardiovascular Surgery

New technology to accomplish most open heart procedure without sternotomy or thoracotomy





# Thanks