



Sleep Disorders Center
An outpatient facility of Pomona Valley Hospital Medical Center

Dear,

INITIAL CONSULTATION APPOINTMENT IS:

SLEEP CENTER PHYSICIAN:

****IF YOU ARRIVE LATE THE DOCTOR WILL NOT SEE YOU AND YOU WILL NEED TO RESCHEDULE YOUR APPOINTMENT****

This is a doctor's appointment and should take approximately 30-60 minutes.

- ❖ Please check with your insurance provider to insure that the above physician is a contracted provider.
- ❖ If this physician is not a contracted provider, you will receive a bill for the physician's charges.
- ❖ Any charges not covered by your insurance company are your responsibility.
- ❖ Please bring all medical records that pertain to your case including: past sleep studies, lab work and medication lists

OUR ADDRESS IS:
1601 N. MONTE VISTA AVE., SUITE. 270
CLAREMONT, CA 91711

Sleep Disorders Patients:

IF YOU ARE UNABLE TO MAKE YOUR APPOINTMENT PLEASE CALL US TO CANCEL 24 HRS BEFORE YOUR SCHEDULED TIME OR YOU MAY BE CHARGE THE COST OF YOUR VISIT.

IF YOU ALREADY HAVE A CPAP MACHINE PLEASE BRING IT WITH YOU TO YOUR APPOINTMENT.

IF YOU HAVE HAD A STUDY DONE AT ANOTHER FACILITY PLEASE BRING A COPY OF THE SLEEP STUDY WITH YOU.

- Provide the office with any information that would make contacting you easier.
- If the Admitting Department contacts you to get you registered this is **NOT** confirmation of your appointment, they are a different department from us and do not always have an up to date schedule.
- You can reach us Mon-Friday 9:00-12:00PM and 1:30-5:00 at: **(909) 865-9152.**

DIRECTIONS TO OUR FACILITY:

FROM THE 10 FWY. EXIT MONTE VISTA AVE AND GO NORTH FOR 1.7 MILES. YOU WILL THEN GO PASS FOOTHILL BLVD CONTINUING UP MONTE VISTA AVE 3 BLOCKS. WE WILL BE ON THE LEFT HAND SIDE.

IF GOING EAST ON THE 210 TAKE THE BASELINE EXIT AND IT CURVES TO THE LEFT. TURN LEFT ON THE BRIDGE AND GO TO THE NEXT LIGHT WHICH IS MONTE VISTA AVE. TURN LEFT ON MONTE VISTA AVE. GO ABOUT ½ MILE AND YOU WILL SEE THE CLAREMONT CLUB ON THE RIGHT HAND SIDE. WE ARE IMMEDIATELY PAST THE CLAREMONT CLUB ON THE NEXT STREET.

IF GOING WEST ON THE 210 TAKE THE BASELINE EXIT. IT WILL MERGE ONTO BASELINE. YOU WILL TAKE A LEFT AT MONTE VISTA AVE (NEXT LIGHT).. GO ABOUT ½ MILE AND YOU WILL SEE THE CLAREMONT CLUB ON THE RIGHT HAND SIDE. WE ARE IMMEDIATELY PAST THE CLAREMONT CLUB ON THE NEXT STREET.

PLEASE GO AROUND TO THE BACK SIDE OF THE BUILDING AND USE THIS ENTRANCE. DO NOT USE THE ENTRANCE ON THE NORTH SIDE. RING THE DOORBELL AND THE TECH WILL ASK YOUR NAME AND LET YOU IN. ONCE UP ON THE SECOND FLOOR YOU WILL NEED TO PASS THE 1ST DOOR WITH THE SIGN TO SUITE. 270 AND GO TO THE 2ND DOOR ON THE RIGHT HAND SIDE. RING THE DOORBELL THERE ALSO AND THE TECH WILL LET YOU IN.