

# SPORTS MEDICINE SERVICES

## Athletic Care From Injury Through Return To Play

Playing through pain is part of the game. But sometimes, injuries make it unwise, if not impossible, to compete. That's where our sports medicine services can help get you back in the game. From professional athletes to weekend warriors, PVHMC has been offering athletic care from injury through return to play at its Sports Medicine Center, Athletic Rehabilitation and Urgent Care locations since 1983.



### SPORTS MEDICINE CENTER PHYSICIAN CLINIC

Hahn Larson, DO, CAQSM  
Medical Director

**909.865.9810**

[pvhmc.org/sportsmedicine](http://pvhmc.org/sportsmedicine)

- **FREE** sports injury screen, including **FREE** x-ray, PT consult, and specialist referral when needed
- Sports physicals – \$31
- Appointments Only—**NO WALK-INS**
- Must ask for "SMC Appointment"
- **4:45 pm / Monday**



### REHABILITATION SERVICES ATHLETIC REHAB

Pomona **909.865.9810**  
Chino Hills **909.630.7878**  
Claremont **909.865.9104**  
Covina **626.251.1361**  
La Verne **909.392.6531**

[pvhmc.org/rehabilitation](http://pvhmc.org/rehabilitation)

- Board certified orthopedic specialists, licensed physical therapists
- Individualized treatment plans
- Computerized testing
- Physician referral **REQUIRED**
- By appointment only
- **8 am–5 pm / M-F**



### POMONA VALLEY HEALTH CENTERS URGENT CARE

Chino Hills **909.630.7868**  
Claremont **909.865.9977**  
La Verne **909.392.6511**

[mypvhc.com/services/urgent-care](http://mypvhc.com/services/urgent-care)

- After-hours care offering follow-up referrals to our Sports Medicine Center and Athletic Rehabilitation
- Sports physicals – \$44
- Appointments, walk-ins welcome
- **8 am-8 pm / M-F**
- **9 am-5 pm / Sat-Sun**



*Sports Medicine Center*

1798 B N. Garey Avenue • Pomona, CA 91767 • 909.865.9810 • [pvhmc.org/sportsmedicine](http://pvhmc.org/sportsmedicine)



# Meet Dr. Larson

**MEDICAL DIRECTOR OF THE SPORTS MEDICINE CENTER  
AT POMONA VALLEY HOSPITAL MEDICAL CENTER**

Hanh H. Larson, DO, CAQSM

Pomona Valley Hospital Medical Center (PVHMC) welcomes Hanh H. Larson, D.O., as the new medical director of its Sports Medicine Center (SMC). Dr. Larson offers sports medicine expertise, community outreach and experience as an athlete to the SMC.

Dr. Larson, a Chino Hills resident, is a member of the American Academy of Family Physicians, and the American College of Sports Medicine. She has worked with high schools throughout Southern California, providing medical coverage at athletic events and tournaments, and is currently serving as the team physician for San Dimas High School.

Dr. Larson brings her expertise in the evaluation and treatment of injured athletes to the SMC's Physician Clinic at PVHMC. She ensures the delivery of top-quality care, remains current in the latest sports medicine, teaches musculoskeletal evaluation and treatment to the next generation of young physicians, and serves as an educational resource to our community. She also provides leadership as the SMC medical representative at community events such as the Holiday Half Marathon, and the \$\$\$ for Physicals fundraiser for local high school athletic training programs.

The SMC provides care for athletes of all skill levels from their injury through their return to play. Board certified physicians and licensed physical therapists work together to evaluate, diagnose, and rehabilitate musculoskeletal injuries and concussions. Pre-participation sports physicals are also provided. The focus is on expert, personalized and cost effective care.

"I am thrilled to work alongside an outstanding team of doctors and physical therapists," said Dr. Larson. "I'm excited to care for our community, and assist local high schools and their athletic trainers."

Dr. Larson completed her residency, internship and fellowship at Kaiser Permanente Fontana Medical Center, and is licensed by the Osteopathic Medical Board of California, board certified in family medicine, and has an added qualification in sports medicine. She received her Bachelor of Science in psychobiology and gerontology from the University of California, Los Angeles where she graduated Cum Laude with honors in Latin. Dr. Larson received her D.O. from Western University of Health Sciences in the School of Osteopathic Medicine.

A devoted athlete herself, Dr. Larson brings a wealth of personal experience to the SMC and the athletes it serves. "As an avid ultra marathoner and triathlete, my goal is to inspire my patients to pursue their passion and get back from injury as quickly as possible."

*Sports Medicine Center*

